

Marrensburg

CHAMBER FLASH Creating opportunities that drive commerce and promote business.

March 20, 2020



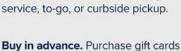
U.S. CHAMBER OF COMMERCE

Shop local. We're in this together.

Local businesses need your support now more than ever.



Get it to go. Order from your local restaurants and bars via delivery service, to-go, or curbside pickup.





Stay looped in. Keep up with your memberships, and with services that are still offered online.

Shop small online. Websites haven't

closed and it's important to leave positive

reviews for local vendors and businesses.



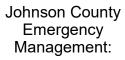
Follow along. Your favorite local businesses are online and sharing specific ways you can support them.

or book services from local businesses

to use at a future date.



Say thank you. Many business owners and workers are risking their health to provide critical products and services. Be thankful.



JOCOMO Emergency Operations

This page will serve as an OFFICIAL platform for the Johnson County COVID-19 Task Force and member agencies to share information with the public!

https://www.facebook.com/ iocomoemergencyoperations/





the FLASH publication online at www.warrensburg.org/FLASH









Western Missouri warrensburg.org



COVID-19 UPDATES

Webinars & information for our members and the public www.warrensburg.org/covid-updates/

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March 20, 2020

Dear Chamber members,

We are experiencing a range of challenges associated with COVID-19 outbreak and the recent announcement from Johnson County Community Health Services to restrict gatherings of 10 or more people; all restaurants, bars, taverns, clubs and movie theaters to close to the public and restaurants only being able to provide curbside, drive-through and delivery services. This is going to have a major impact on our businesses and community at large. We assure you we will continue to work diligently to offer support during this difficult time.

Our local financial institutions are here to help you during this time and they are receiving guidance from their regulators on steps to take to assist. Please be proactive in reaching out so everyone can work together to get through these uncharted waters.

Please monitor our website <u>www.warrensburg.org</u> for links to webinars and resources and we will continue to push information our via the chamber's social media platform and direct email.

To help our members we have collected a selection of resources:

Chamber Members: Banks & Financial Institutions Warrensburg Chamber of Commerce Facebook: JOCOMO Emergency Operations Johnson County Health Department Western Missouri Medical Center Missouri Department of Health & Senior Services Centers for Disease Control and Prevention Johnson County Economic Development Missouri Department of Labor: Workers' Compensation and Unemployment Workplace Tips for Employees Missouri Chamber of Commerce & Industry: Coronavirus Resources for Missouri Employers Small Business Administration: Small Business Guidance & Loan Resources US Chamber of Commerce Toolkit

Virtual Meeting Links: <u>GoToMeeting</u> Zoom

Missouri Coronavirus Hotline: 877-435-8411

Beginning Monday, March 23rd our office door will close to the public but we will still be available via email or phone.

Sincerely,

Greg Hall Chair, Warrensburg Chamber of Commerce







Western Missouri MEDICAL CENTER Warrensburg.org

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Helpful Info & Resources



WHEN REQUESTING EMERGENCY SERVICES

IF YOU HAVE FLU-LIKE SYMPTOMS, ARE QUARANTINED, OR UNDER SELF-QUARANTINE AND NEED EMERGENCY SERVICES, PLEASE LET THE DISPATCHER KNOW.

SHARING THIS INFORMATION WITH 911 DISPATCHERS WILL HELP OUR FIRST RESPONDERS TAKE THE NECESSARY PRECAUTIONS TO AVOID SPREAD OF THE CORONAVIRUS.

J.W. FRANKLIN CO

OUARRY

CITY

S AND LOAN

KIX 1057

98.5

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Marrensburg





Starting Wednesday, March 18th from 10:30am-12:30pm pre-packaged

meals to take home will be offered at

Maple Grove, Sterling, Reese,

Martin Warren and the High School.

To better slow the spread of the Coronavirus, these meals will be

walked to your car. Go to the student

drop off line at the school and look

for the signs that say meal pick up.



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Online Ordering now available!

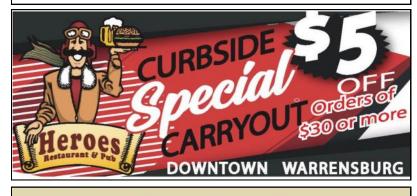
Visit www.bngscoops.com and click the order online button.

Drive Thru / Walk In service available at our Knob Noster location, and order pickup will be available at Warrensburg as soon as we get all the kinks worked out.

Please feel free to let us know how we can make the online ordering process work better for

you. We are also working to update all the site pictures to make order website more appealing.

Thank you for being patient with us, and we are looking forward to being able to provide you with a smooth online ordering program.





PIZZA

4" pizza 15 UFFALD CHICKEN

CHICKEN WINGS BONE-IN OR BONELESS juicy chicken wings, served d or hand-breaded and ried 'til golden-brown. ose plain or smothered with your favorite sauce.

B&G

SCOOPS

- ORDER ONLINE -

PICK UP @ STORE

Knob Noster

Location

Bone-In Wings Half Order (6 wings) 7 Full Order (12 wings) 12 **Boneless Wings** Half Order (8 wings) 7

Full Order (16 wings) 12 SAUCE CHOICES:

HOT • SWEET CARRIBEAN JERK SWEET THAI CHILI

COUNTRY MEATS

We are currently operating with our normal business hours and we do not plan to differ from that. We have fully stocked Fresh and Frozen Meat cases and we are keeping up with the rising demand with current events. We also have a sale going on to stock up your freezer with a Whole or Half Hog.







Western Missouri MEDICAL CEN

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CITY

March 17, 2020

KIX 105.7: AN OPEN LETTER TO YOU, OUR BUSINESS PARTNERS

Good Morning! While uncertainty and change seem to be part of our daily lives for the foreseeable future, I'd like to reassure each of you of one certainty: We are all in this toaether!

And with that thought in mind, effective today, we will be publishing blogs on all of our station websites listing any businesses with changes due to the current health crisis. Are you a restaurant moving to delivery/carry out only? Are you any business taking extra steps to protect your staff and customers? Let me know and we will promote your business for free via our blogs. More than 128,000 people in West Central Missouri visit our websites for KIX 105.7, Awesome 92.3 and KSIS each month and we expect that number to grow exponentially. We will promote your business for free until our daily lives return to normal.

Not a current advertiser? Doesn't matter! If you are a business in Sedalia, Warrensburg, Marshall and all other area communities, we will keep our audience informed of how they can support you during this time. Please call me at 660-826-1050 during business hours, 678-428-3665 any time of the day or email me @

craig.hahn@townsquaremedia.com with the changes for your business we need to promote.

Thank you for your support...we're here to support you. Working together, I am confident that we can all succeed!

Craig Hahn Market President Townsquare Media Sedalia/Warrensburg

SUPPORT LOCAL BUSINESSES

Buy a gift certificate today, & visit us when COVID-19 has run its course

J.W. FRANKLIN CO



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Missouri Governor — Michael L. Parson Office of Communications

FOR IMMEDIATE RELEASE

March 18, 2020

Governor Parson Works With U.S. Small **Business Administration to Activate** Disaster Loans for Small Businesses

(JEFFERSON CITY, MO) - Today, Governor Mike Parson directed the Missouri State Emergency Management Agency and the Missouri Department of Economic Development to seek assistance for Missouri businesses through the U.S. Small Business Administration's (SBA) Economic Injury Disaster Loan program.

The SBA will offer targeted, low-interest disaster recovery loans for Missouri small businesses that have been severely impacted by economic disruptions related to the new coronavirus (COVID-19.)

Through the program, businesses can receive up to \$2 million in assistance to use toward fixed debt payments, payroll, accounts payable, and other bills that cannot be paid due to the impact of COVID-19. The interest rate for small businesses will be 3.75 percent and 2.75 percent for non-profits.

SBA offers long-term repayment plans of up to 30 years to ensure loan payments are kept affordable. Terms are determined based on each borrower's ability to repay on a case-by-case basis.

Additionally, SBA offers counseling and helps businesses navigate preparedness plans through a network of 68 district offices and resource partners located across the country. For more information, contact the SBA disaster assistance customer service center. Call 1-800-659-2955 (TTY: 1-800-877-8339) or email disastercustomerservice@sba.gov. You can also learn more at SBA.gov/coronavirus.



State of Emergency Declared

Warrensburg, MO (March 17, 2020) - Following the Governor's and Johnson County Commission's issuance of a State of Emergency in response to COVID-19, City Manager Harold Stewart has declared an Emergency on behalf of the City of Warrensburg. While there are currently no confirmed positive cases of the Coronavirus in Johnson County or the City of Warrensburg, it is important that all citizens be proactive and preventative in their actions.

Stewart stated, "Declaring a State of Emergency is the first step in making Federal and State resources available to the citizens of Warrensburg and that is the main reasoning for this action." The action also puts other safeguards into action to protect the general public and City Staff.

The Declaration also institutes the following rules:

That all time limits imposed by City Code or applicable law, either actions required to be taken by the City or filed with the City, are tolled pending the lifting of the emergency and resumption of normal operations. This does not apply to State law deadlines.

Applications for zoning, plats, and variances will not be accepted by the City until the emergency is lifted.

Fingerprinting services provided by the Police Department are suspended until the emergency is lifted.

Interactions between the general public and City Staff will be limited to phone or email contact where possible for the protection of both the public and the staff.

Purchases of emergency supplies and materials will be done in accordance with emergency purchase procedures.

City Staff will be working and available to assist the community, however, where possible interaction is encouraged to be limited to via phone or email. City facilities will be closed to public access beginning 8:00 am, March 18, 2020 until the emergency is lifted. Contact information for departments and staff are available on the City's website www.warrensburgmo.com.

The public is encouraged to stay in their homes when possible and to wash their hands frequently. Information regarding the Coronavirus and up to date information from the City is available at https://www.warrensburg-mo.com/777/COVID-19-Information-Page.

Businesses are encouraged to evaluate the appropriateness of public access to their facilities.

Click Here to see Declaration of Emergency Document

Additional Info...









Western Missouri MEDICAL CEI warrensburg.org



Contact: Tara Carlyle System Director of Communications and Development (660) 262-7497 tcarlyle@wmmc.com

Western Missouri Medical Center's CEO **Explains Efforts to Manage Coronavirus** (COVID-19)

Warrensburg, MO (March 19, 2020) - We know that you may have questions about Western Missouri Medical Center's (WMMC) efforts to manage Coronavirus (COVID-19). Every day, we closely monitor and analyze developments and statements from local, national and international health agencies, and we are taking actions to comply with their directives which are based on facts and medical science.

Our actions in response to this pandemic are changing rapidly as is everything else around us. WMMC is prepared to take all necessary steps to help safeguard the health of our community as we continue to focus on our mission. We have a very committed team of leaders and medical staff working tirelessly to make decisions on how we can further improve our processes and actions to help protect our patients and employees. We have spent the last few weeks breaking down barriers to do things in the most effective and efficient way.

Amidst this crisis we are still responsible for providing care while preparing for this pandemic. Additionally, we are developing innovative care processes to respond to this crisis, which will positively change the way we provide care in the future. WMMC is providing the following processes to reduce the spread of COVID-19 and care for our community:

• We were the first in our region to offer a drive-thru evaluation and testing site for COVID-19. This site is located in the East parking lot in a tent. Please visit wmmc.com/COVID19 for more information as processes can change. We are proud to be offering this to patients in our effort to practice social distancing for the safety of our staff, providers and community. Additionally, we will launch virtual visits on Monday, March 23 to reduce the spread of illness. Patients will receive information on this process when they contact any WMMC clinic to schedule an appointment or will receive information on virtual visits if they have scheduled a visit prior to Monday.

· We recognize patients may be concerned about the cost of medical care. If you have insurance, we will bill your insurance for these tests. If you do not have insurance or are underinsured, please know we have financial assistance to reduce the burden. We do not want you to avoid care due to the fear of a financial impact.

This institution is an equal opportunity provider and employer. Please seek care. For more information on our financial assistance policy, please visit: wmmc.com/patient-billing.

We believe that the best way to prevent the spread of COVID-





19 is to stay home and practice social distancing. This is so important to the overall goal of slowing the spread of COVID-19. I know that this is easier said than done, and some businesses simply can't shut down, such as WMMC. However, if at all possible, please be sure that you are practicing your civil duty to "flatten the curve."

We can attack this together. Now more than ever, we need love, compassion, grace, and community as we navigate this situation. We can choose negativity or community. With that said, please keep in mind that there are many small businesses in Johnson County that will suffer greatly throughout this process. They are all being forced to operate differently in the world that we are in now; however, they are all adapting in their own way. If you are able, please continue to support them. In this time of emergency, we are being called upon to be leaders for our communities and I firmly believe we are doing just that here at WMMC. To the staff, providers and leaders, thank you for your flexibility, truly. We are working well together to respond to this and will continue with such great staff. We recognize there are many unknowns at this time, but I ask that you remember we are all in this together. I can assure you, medical workers all over the world are running into the face of fear to care for you and your loved ones, including our team. Our patients are our top priority.

We appreciate your continued support of Western Missouri Medical Center. The health and safety of our patients, visitors and employees will always be our most important consideration, especially in these challenging circumstances.

Kindest Regards, Darinda J. Dick President/CEO



Be **SAFE** from the coronavirus

by avoiding crowded areas or places where you might interact with people who are sick.

Be **SMART** by using our **DRIVE-THRU** or our **DELIVERY** service.

Call today with any questions you may have at 660.429.0559.

www.summerspharmacy.com









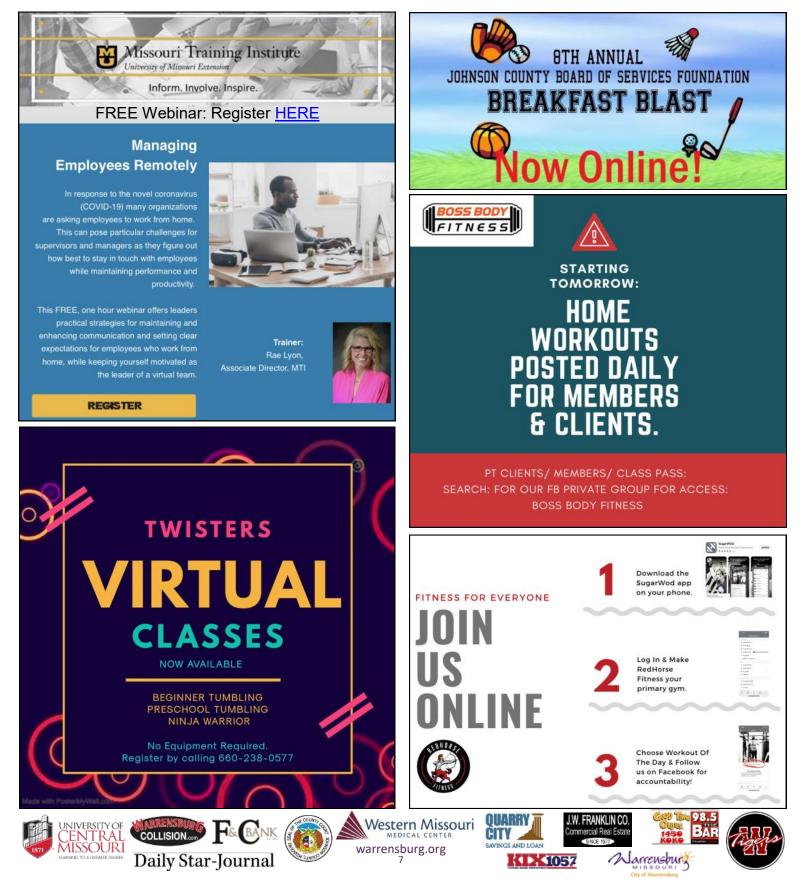
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MEDICAL CEN

Western Missouri

Virtual Events & Reschedules

As many events have been either canceled or postponed, we are sharing virtual and further-in-the-future events. If you are unsure if an upcoming event has been canceled, please visit the business' Facebook Page or website.





Warrensburg Early-Bird Rotary Taste of Johnson County: September 8th, 2020



Enhanced cleaning protocols. We have increased the frequency of cleaning

concerns, we are taking measures including:

service on our trains and at our stations

- Additional antibacterial products. We have increased the quantity of sanitizers and disinfectant wipes available for customers and employees throughout our trains and stations.
- No change fees on bookings made through April 30, 2020. We are waiving change fees so you can book travel on Amtrak[®] with confidence, knowing you have the flexibility to change your plans.

We have temporarily suspended three trains that operate between New York and Washington (Trains 2401, 2402, 2403) due to lower demand and additional changes to our schedule are under consideration. Amtrak continues to operate 300 daily trains, including more than 100 daily trains on the Northeast Corridor and continues to serve all of our stations. If schedules are modified for any existing reservation, we will contact you to provide an update.

We will continue to respond to the latest on COVID-19 with customer and employee safety top of mind. Please visit this page for further information on our efforts, which we will continually update. For additional information about the Coronavirus, visit the <u>CDC (Centers for Disease Control and Prevention) website</u>. As always, we will strive to create a safe and enjoyable experience for your Amtrak journey. Thank you for being an Amtrak customer.

Sincerely,

Kyo thego

Roger Harris Chief Marketing and Revenue Officer







Western Missouri MEDICAL CENTER Warrensburg.org







CENSUS 101: WHAT YOU NEED TO KNOW

The 2020 Census is closer than you think! Here's a quick refresher of what it is and why it's essential that everyone is counted.

Everyone counts.

The census counts every person living in the United States once, only once, and in the right place.



It's about fair representation.

Every 10 years, the results of the census are used to reapportion the House of Representatives, determining how many seats each state gets.





It's in the Constitution.

The U.S. Constitution mandates that everyone in the country be counted every 10 years. The first census was in 1790.

It's about \$675 billion.



The distribution of more than \$675 billion in federal funds. grants, and support to states, counties, and communities are based on census data.

That money is spent on schools, hospitals, roads, public works, and other vital programs.



It's about redistricting.

After each decade's census, state officials redraw the boundaries of the congressional and state legislative districts in their states to account for population shifts.

Taking part is your civic duty.

Completing the census is mandatory: it's a way to participate in our democracy and say "I COUNT!"

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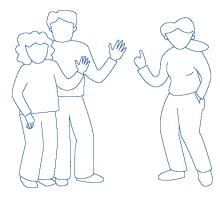








Census data are being used all around you.



Residents use the census to support community initiatives involving legislation, quality-of-life, and consumer advocacy.

Your privacy is protected.

It's against the law for the Census Bureau to publicly release your responses in any way that could identify you or your household.

By law, your responses cannot be used against you and can only be used to produce statistics.



Businesses use census data to decide where to build factories, offices, and stores, which create jobs.

Local governments use the census for public safety and emergency preparedness.

Real estate developers use the census to build new homes and revitalize old neighborhoods.

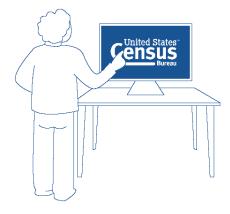


2020 will be easier than ever.

In 2020, you will be able to respond to the census online.

You can help.

You are the expert—we need your ideas on the best way to make sure everyone in your community gets counted.











Western Missouri MEDICAL CENTER Warrensburg.org

FIND OUT HOW TO HELP AT 2020CENSUS.GOV/PARTNERS





Marrensburg

United States^e



Shout Out 🔊





"Alexia Gray and friend Kaitlyn brought by donations from a recent fundraiser held at **Gray Chiropractic** office here in town! Thank you!" - **Old Drum & Friends Animal Shelter**

"Congratulations to all those that were promoted last night! 450 mini cupcakes, 4 half sheet cakes, gluten free options = 800 servings!" - **118 Cakery**

Engage!

Looking to get the word out about your business or an upcoming event? Our EnGAGE! sessions are the first Tuesday of every month from 9—10 AM. We feature 2 speakers from chamber businesses or organizations each session. Email <u>aflues@warrensburg.org</u> to sign up!

Most Recent Reports



Ribbon Cutting



Planet Sub

The Warrensburg Chamber of Commerce held a ribbon cutting ceremony celebrating Planet Sub's new owners and chamber membership on Wednesday, March 11th. "Planet Sub makes oven baked subs on made from scratch bread! Try our made-to-order salads and pizzas, or come in for a HOT soup in a bread bow!! We also offer low-carb wraps and lettuce wraps for those of you watching your gluten intake." They are currently in the same location across from UCM's campus – 535 S. Maguire Street in Warrensburg.

Anchoring the ribbon in the photo above are Chamber Board of Directors members Suzy Latare and Jamie Brisbin as Planet Sub Owners Kevin Brockmeyer, Heather Harrison and Jessica Black prepare to cut the ribbon alongside staff and fellow chamber members. To learn more about Planet Sub of Warrensburg, visit their Facebook page at: <u>https://</u> www.facebook.com/PlanetSubWarrensburg/.

You can find the Facebook LIVE video here: https://www.facebook.com/ChamberWarrensburgMO/ videos/644320692797470/









CHAMBER MEMBERS: JOIN THE WARRENSBURG CHAMBER MEMBERS CLOSED GROUP!

THIS IS A CLOSED GROUP TO BE USED FOR MEMBER TO MEMBER DISCUSSIONS AS WELL AS MEMBER-SPECIFIC INFORMATION.

REQUEST TO JOIN! https://www.facebook.com/groups/365489093875658/



warrensburg.org

KIX1057 /

Marrensburg





Missouri Human Resources Manual

hrsimple

New Warrensburg Chamber Member Benefit

FREE ONLINE ACCESS to the Missouri Human Resources Library from hrsimple.com.

How to sign up: Go to hrsimple.com/products/warrensburg-chamber-package. Add the Chamber package to your cart, enter code warrensburg100 and fill out the form!



Online Access

FREE online access to the Missouri HR Library. Just go to: hrsimple.com/prod ucts/warrensburgchamber-package and enter code warrensburg100



Webinars

Monthly hrsimple webinars, a \$120 value! Topics include: -DOL Salary rule -employee documentation -sexual harassment Go to hrsimple.com/events



HRU

J.W. FRANKLIN CC

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A weekly newsletter highlighting changes to state and federal employment laws.

If you would like a printed version of any resources use code warrensburg50 for 50% off at hrsimple.com/products/warrensburgchamber-package or call 866-439-2227







Western Missouri MEDICAL CENTER warrensburg.org

Press Releases & Other Info

NEWS RELEASE FOR IMMEDIATE RELEASE For more information contact: Jeff Murphy Assistant Director for Media Relations



Integrated Marketing and Communications 660-543-4640 / jmurphy@ucmo.edu

UCM Receives \$3,200 NRA Foundation Grant to Aid CJ Student Learning

WARRENSBURG, MO (March 5, 2020) - Efforts to prepare University of Central Missouri criminal justice majors for professional careers in the field are getting a financial boost. With help from a \$3,200 NRA Foundation Grant, the UCM School of Public Services will expand students' knowledge and experience related to firearms needed for law enforcement training purposes.

Representatives of the school's nationally recognized criminal justice and criminology program worked with the university's Office of Sponsored Research to apply for the grant. Students who come from Missouri and many other states will soon have an opportunity to benefit from resources these funds make possible.

"We're very grateful that people are investing in UCM for UCM students," said Gregg Etter, professor of criminal justice. "Their investment helps advance our students' ability to learn."

He pointed out that many of the students who graduate from the university's criminal justice program will enter the profession working as police officers, and they must be well versed in the use of firearms. While at UCM, many criminal justice students get experience by serving on a firearms team that continues to succeed in regional and national competitions. Such opportunities demonstrate student proficiency, and ultimately help students in the job market, Etter said.

"The sport of shooting provides students with a variety of employable skills, the most important being range and gun safety," noted Lynn Urban, chair of the School of Public Services. "This grant furnishes the team with new equipment to ensure they are performing at their best and safest."

She added, "Students interested in law enforcement need hands-on experience with firearms to understand the magnitude of the responsibility. Our range master, Richard Gillespie, demands adherence to the safety protocol and our team always receives high praise for its range discipline."

With Etter serving as team advisor, the university's Lambda Alpha Epsilon- Gamma Epsilon Delta (LAE-GED) chapter will seek its 18th consecutive victory overall at the American Criminal Justice Association's (ACJA) National Competition March 22-27 in Kansas City. Including a category for firearms, the competitive experience also challenges students in events that include academic exams on criminal law, policing, juvenile justice, corrections and LAE knowledge, and additional categories related to crime scene investigation, LAE academic posters, and physical agility.







UCM won its 18th consecutive regional Sweepstakes Trophy in the ACJA LAE regional contest in October, 2019. Contributing to this win were numerous individual and team awards for firearms in the upper, lower, and professional divisions.

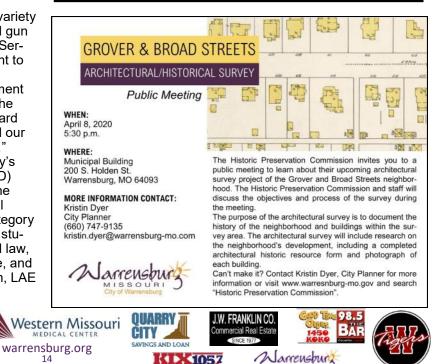
UCM's Criminal Justice and Criminology program is located in the Harmon College of Business and Professional Studies. Consistently ranked among the top program in the nation, it offers both bachelor's and master's degree opportunities with instruction provided by a worldclass faculty in both online and traditional classroom formats. Learn more at ucmo.edu/cj.

Office of Missouri LIEUTENANT GOVERNOR

IN SEARCH OF OUTSTANDING SENIORS

The lieutenant governor's office wants to recognize exceptional seniors in Missouri. If you know a worthy senior whose service and dedication makes a positive difference in your community, please consider nominating them for a Senior Service Award. Nominees must be at least 60 years old and volunteer a minimum of 25 hours each year. Nomination forms can be found online at the lieutenant governor's website. The deadline for nominations is March 28 and winners will be announced April 3. An awards presentation is scheduled in the Capitol Rotunda on May 4.

https://ltgov.mo.gov/wp-content/uploads/2020/03/ SeniorServiceAwards2020.pdf





The Joint Commission Awards WMMC as Acute Stroke Ready Center

Warrensburg, MO (March 11, 2020) — Western Missouri Medical Center (WMMC) has earned The Joint Commission's Gold Seal of Approval® for Acute Stroke Ready Hospital Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal is a symbol of quality that reflects a health care organization's commitment to providing safe and quality patient care.

WMMC underwent a rigorous onsite review in February and during the visit, The Joint Commission reviewer evaluated compliance with Acute Stroke Ready Hospital standards spanning several areas including the Emergency Department, Rehabilitation Services, Diagnostic Imaging, and inpatient and laboratory services. The surveyors also conducted onsite observations and interviews to ensure that WMMC exceeds expectations in regards to patient safety, patient care, policies and procedures, education, and performance improvement.

The Joint Commission's standards are developed in consultation with health care experts and providers, measurement experts and patients. They are informed by scientific literature and expert consensus to help health care organizations measure, assess and improve performance.

"As a private accreditor, The Joint Commission surveys health care organizations to protect the public by identifying deficiencies in care and working with those organizations to correct them as quickly and sustainably as possible," says Mark Pelletier, RN, MS, chief operating officer, Accreditation and Certification Operations, and chief nursing executive, The Joint Commission. "We commend WMMC for its continuous quality improvement efforts in patient safety and quality of care." To learn more about WMMC, visit WMMC.com/ ProviderFinder to see a complete list of providers and services.

What is Diabetes? Here are the Basics You Should Know

What is diabetes?

Diabetes is a condition in which the body does not produce any insulin or it is where the body does not use the insulin that it does make correctly. Insulin is a hormone that is made in the pancreas and its main job is to take the sugar from the blood to the cells for energy. When there is no insulin or when there is insulin resistance present, sugar will build up in the blood stream and cause high blood sugars. Insulin is needed to take the sugar from the blood to the cells which will then bring the blood sugar back down to a normal level. If blood sugars stay high for long periods of time, complications can occur.

What is the difference between Type 1 Diabetes, Type 2 Diabetes, and Gestational Diabetes?

Type 1 Diabetes is an autoimmune disease. The body attacks itself and the pancreas no longer makes insulin. The patient will need insulin every day for the rest of their life and there is no cure for type 1 diabetes. A person can be diagnosed with type 1 diabetes at any age and there is no way to prevent it at this time.

Type 2 Diabetes is mainly caused by insulin resistance. The body is not using the insulin that it does make correctly. The risks for developing type 2 diabetes include family history of diabetes, being overweight, having an inactive lifestyle, over the age of 45, history of gestational diabetes, of African American, Hispanic/Latino American, American Indian or Alaskan Native, and Asian American decent. Type 2 diabetes can be controlled with diet and exercise or may require other medications to include insulin. Type 2 diabetes is on the rise and it is now being diagnosed in children and young adults as well as older adults.

Gestational Diabetes is a type of diabetes that is diagnosed during pregnancy to women that did not have diabetes prior to the pregnancy. Pregnancy causes the body to be more resistant to insulin due to the increased hormones that are present and the weight gain. The body is not able to keep up with the additional demand for insulin and elevated blood sugars occur. During the pregnancy, blood sugars and diet are monitored closely. If needed, the mother may need insulin to help control blood sugars. Once the baby is delivered, the need for additional insulin goes down and blood sugars return to normal. However, if someone has gestational diabetes, their risk for developing type 2 diabetes increases.

How do I know if I have diabetes?

The signs and symptoms may be a gradual onset with type 2 diabetes. However, with type 1 diabetes the symptoms can come on quickly.

The signs to look out for both types of diabetes are:

- increased urination
- excessive thirst
- dry mouth
- fruity breath smell
- blurry vision
- feeling very tired
- very hungry
- unexplained weight loss
- sores that do not heal
- numbness or tingling in the hands or feet
- increase of infections.

Additional symptoms of type 1 diabetes include:

- nausea
- vomiting
- stomach pains

Gestational diabetes usually shows up in the middle of the pregnancy, and typically will not have symptoms. Tests are done during the 24-28th week of pregnancy to determine if a mother has gestational diabetes. If you are experiencing any of the symptoms listed above, please contact your provider to let them know.

What do I do now that I have diabetes?

Once you have been given the diagnosis of diabetes a referral is required by your physician for diabetes education. Western Missouri Medical Center has a diabetes education program that is certified by the American Diabetes Association and is accepting new patients.

The patient will have the opportunity to meet with Sherry Roberts, the Diabetes Care and Education Specialist. Sherry is a Registered Dietitian and Certified Diabetes educator and has many years of experience providing individual and group education to patients and their support system. It is her goal to come alongside the patient to provide them with a positive atmosphere in order to gain insight and knowledge to make choices to improve their overall diabetes control.



The program at Western Missouri Medical Center holds classes that review many topics pertaining to diabetes. Topics include the AADE 7- Self Care Behaviors, nutrition and carb counting, reducing risks, and heart health with diabetes. Please do not hesitate to reach out to Sherry Roberts RD, LD, CDE for additional information at (660) 262-7717 or by contacting us here.

To learn more about WMMC, visit WMMC.com/ ProviderFinder to see a complete list of providers and services.

Author: Sherry Roberts RD, LD, CDE

Church Bookkeeper / Congregation Information Manager Job Description

First Warrensburg United Methodist Church is looking for someone with bookkeeping and information management experience to join our team. Candidates applying for this position must be passionate about making new disciples for Jesus, enjoy working with a team, and communicate clearly with others to accomplish common goals.

This position is part time, 20 hours a week. Flexible hours. The purpose of this position is to ensure the financial integrity of the church's operations, insure the church complies with General Accepted Accounting Practices (GAAP), and to provide financial reporting to the Pastor, Finance Committee, Trustees Committee, the Church Council and other church leaders. The Church Bookkeeper and Information Manager will work closely with the Finance Committee Chair as well as the church Treasurer.

Job Responsibilities and Duties:

To obtain and record pledges made during the annual generos itv campaign.

-To prepare guarterly and annual giving statements.

-To enter weekly contributions to general fund, building fund and designated funds.

-To keep confidential all financial contribution information.

-To maintain segregation of duties in ways that prevent the appearance of impropriety.

-To oversee the entering of invoices submitted for payment

-To oversee the cutting of checks with proper signature

(s), and to prepare them for mailing.

-To complete bank statement reconciliations and to provide to the appropriate officer for approval.

-To prepare monthly reports for the Church Council, Trustees Committee, and Finance Team.

To process payroll on a biweekly basis.

To prepare monthly, quarterly and yearly payroll tax forms and make necessary deposits.

-To prepare W 2s at year end.

-To maintain vendor records and to complete 1099s each year.

-To pr

pare a yearly budget draft for review and adoption by the Finan ce Committee and Church Council.

-To fully cooperate

with those appointed to perform a yearly audit of financial recor ds

-To prepare year and financial reports and Charge Conference paperwork related to finances.



-To maintain an accurate congregant relationship management system.

-To prepare contact management information for staff based on search parameters.

-To provide training and support for other staff to use the contact management system.

To perform other necessary and related work as may be assig ned.

Job Skills and Requirements

- A minimum of an associate's degree in bookkeeping or accounting from an accredited educational institution or at least three years of related experience.
- An understanding of fund-based accounting and account reconciliation.
- Proficiency in computer skills including MS Word, Excel and specific fund-based accounting software or churchbased programs like Church Windows, Shelby or ACS.
- Attention to detail and precision.
- A commitment to good interpersonal relationships, teamwo rk and support of church ministries.
- A commitment to confidentiality.

Contact Jim Duncan at First Warrensburg United Methodist Church for more information. Phone: 660-747-8158 Email: publisher@umcburg.org

2020 Missouri Century Farms

A program of University of Missouri Extension College of Agriculture, Food and Natural Resources Missouri Farm Bureau

https://extension2.missouri.edu/programs/century-farms

Long-term owners of Missouri farms are proud of their family accomplishments. This was evident during the Centennial Farm program held in Missouri during the American Revolution Bicentennial Year of 1976. In that popular program, 2,850 Missouri farm owners in 105 of Missouri's 114 counties were recognized as owning a "Centennial Farm."

Interest in the program continued after 1976. Several Missouri farm owners asked about having their farms recognized, so the University of Missouri College of Agriculture, Food and Natural Resources and University of Missouri Extension planned a 10-year update in 1986 called the "Century Farm" program. During this update, 1,080 additional Missouri farms were recognized.

Long-term family farm owners who were not able to take part in the 1976 or 1986 events still wanted recognition, so the College and MU Extension planned for annual updates. Missouri Farm Bureau joined as a program co-sponsor in 2008. This program has been sustained as a yearly event with over 100 farms recognized each year.

Guidelines

- Guidelines used in the selection and recognition of Missouri Century Farms:
- 1. The same family must have owned the farm for 100 consecutive years or more as of Dec. 31, 2020.
- The line of ownership from the original settler or buyer may be through children, grandchildren, siblings, or nephews or nieces, including through marriage or adoption.
- The present farm shall consist of no less than 40 acres of the original land and shall make a financial contribution to the overall farm income.

Sponsorship

MU Extension, the MU College of Agriculture, Food and Natural Resources, and the Missouri Farm Bureau jointly sponsor the Missouri Century Farms program. Local MU Extension Councils help with sponsorship by publicizing the program, collecting and certifying nominations, and arranging for local recognition. The Extension Web Services team oordinates the program.

Applications

lications are available starting February 1 each year from the MU Extension office in your county or from University Applications are available starting reasonary a sense year too not one of the start of the start

A fee of \$100 is required to cover processing costs, one certificate, a booklet and one two-sided metal sign (includes MU and Missouri Farm Bureau logos) for each approved farm.

Send a completed application, order form and a check made payable to University of Missouri-Century Farms for the total advanta of compression applications, total rolm and a technical particular of international control and an advantage of the second second and a seco

Applications must be postmarked by May 1, 2020. Late applications cannot be accepted.

Optional attachments

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warrensburg.org

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Feel free to attach an account of any special events held on the farm, unusual happenings, significant improvements. identifying landmarks, farm usage over the years, interesting information regarding the founder and any subsequent owner(s), and copies of pictures of special interest (include a short description). Do not send any original or otherwise valuable documents as we cannot return them. These materials will be passed on to your local MU Extension office. They may use these materials at your recognition or pass them along to your county historical society



Business Articles



TIP: Do you have the gift of emotional uplift?

Daniel Goleman in "Social Intelligence: The New Science of Human Relationships" talks about his days at Harvard when he would go to see his statistical methods professor, Bob Rosenthal. "Whenever any of us went to see Bob in his office, regardless of our reason and no matter what our anxiety was at the outset we came out feeling heard, understood, and—almost magically—better. Bob had the gift of emotional uplift."

Reflect on your own interactions and ask yourself:

- When the other person left that conversation did
- they feel heard and understood by you?
- Did you comprehend not only the issue/s, but also how the other person was feeling--did you have empathy?

• Did the advice you offered or the direction you gave make them feel hopeful or encouraged or calmer or clearer about the path forward--even if the news that you had to deliver was not great? Do you know people who have the gift of emotional uplift? Tell us about them here: tips@shepalearning.com

FAST COMPANY Working from home: 7 smart tips to help you get more done

More and more people are working from home to try to limit the spread of coronavirus. If you're a remote work newbie, make sure you're following these productivity hacks.





TIP: Better remote engagement... coronavirus or not.

Tim Bradshaw in "Coronavirus and the etiquette of working from home" (*Financial Times*) offers best practices for working remotely. The coronavirus should be refocusing organizations on what they'll do when people work remotely. Coronavirus or not, this is a good time to put the best processes in place for working remotely, while keeping everyone as engaged as possible.

A few ideas in Tim Bradshaw's article:

• "Ryan Hoover, founder of Product Hunt, a fully remote company of 20 employees around the world, gets everyone together for a Monday 'all hands' Zoom video call."

• Patrick McKenzie of Stripe says, "Expressing that personality only works if your colleagues can see you. Long-time remote workers insist that everyone in a virtual meeting turns on their camera."

• McKenzie also suggests that lighting is important. "Your level of happiness on a video chat is quite sensitive to how your co-workers perceive you."

Here are some tools to help you:

Highfive, in a blog post, How to use lighting like a pro for your video calls offers some good tips on lighting for at home video conferencing. Use an app like Slack to keep everyone 'in the conversation' while working from home.

Sign up for FREE weekly tips from Shepa Learning Company HERE.



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*APR= Annual Percentage Rate, Balance transfers completed 2/1/2020 through 4/30/2020 will receive a promotional rate of 1.99% APR for 9 months from the date of the first balance transfer. After the promotional time fram expires, remaining balances will migrate to the standard APR april apoliciable on your account. Contact the credit union for complete details Federally insured by NCUA.

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QuarryCity.com

LET US HELP!

Next Chamber FLASH Newsletter submissions are due by 5 PM on Tuesday, March 31st to aflues@warrensburg.org—the next FLASH will be available on Friday, April 3rd.







Western Missouri MEDICAL CENTER warrensburg.org

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Download this logo for free at www.warrensburg.org/who-we-are/ or warrensburgmainstreet.org/love-whats-local/

Love What's Local is a collaborative campaign between Warrensburg Main Street, Warrensburg Chamber of Commerce and the City of Warrensburg to educate and encourage Warrensburg residents to purchase local goods and use local services. Loving What's Local helps create and maintain local jobs, support locally owned businesses and community nonprofits, encourage unique businesses that add community character, reduce environmental impact of out-shopping, and provide sales tax dollars to be spent locally. Love What's Local organizes annual events (listed below) to promote its mission.

@LoveWhatsLocalWarrensburg 🚺 @lwlwarrensburg

Restaurant Week

Restaurant Week is a promotion designed to encourage community members to Love What's Local by trying a new restaurant or menu item, or visiting an old favorite. Restaurant Week is not about getting a super deal on your meal, but provides a structured opportunity to let guests be more comfortable trying new things. A \$10 Lunch and \$25 Dinner is offered by participating restaurants.





Community Sidewalk Sale

The Community Sidewalk Sale is a two day event held in August. Businesses may have merchandise outside their store, or offer a sale inside their store. Participating businesses will have a Love What's Local flag in front of their business and will also be listed on the Love What's Local Facebook page.

Clean the Burg

This two day event is to encourage community volunteerism and to beautify our town. Residents, families, community groups, businesses, churches and teenagers who need to perform service hours can come up with a projects and implement them during the event. Those who participate are encouraged to share their photos on social media with the hashtag #CleanTheBurg.





Holiday Open Houses

Holiday Open Houses is a two day event where businesses display their holiday merchandise and offer deals and/or treats to customers. Offerings are listed in a guide that is posted on the Warrensburg Chamber website, the Warrensburg Main Street website and on the Love What's Local Facebook Page.







Western Missouri warrensburg.org 20



DISCOVER & EXPLORE

GREECE & THE SUNNY MED WITH THE GREATER WARRENSBURG CHAMBER OF COMMERCE

HIGHLIGHTS

- Round trip scheduled airfare
- Round trip transfers between airports and hotel
- · 4 night Greek Isle cruise
- · 4 nights first class hotel in Athens
- 17 meals including all breakfasts, 4 lunches & 5 dinners featuring a Greek festive dinner show
- · A unique opportunity to meet with business leaders in Greece
- City tour of Athens
- Tour of Parthenon & Acropolis
- · See the Olympic Stadium, the **Royal Palace**
- · Full day tour of Mycenae
- Discovery Program guide

MEDITERRANEAN PORTS VISITED

•	Mykonos	• Rhode

 Santorini 	 Crete
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 Ephesus Patmos

PREFERRED HOTEL

Amalia Hotel

INCLUDES:

- Shore Excursions*
- Drink Package (includes alcohol)

*SHORE EXCURSIONS:

- · Day 6 A.M. Ancient Ephesus (Kusadasi) Included
- · Patmos P.M. tour Optional
- · Day 7 Rhodes / Medieval Tour Included
- Day 8 Crete A.M. tour Optional
- Spectacular Santorini P.M. tour Included

FREE CHOICE

Credit from any included shore excursion can be exchanged for an optional shore excursion.







DAY BY DAY

DAY 1

Transatlantic flight

DAY 2

Arrive in Athens and transfer to your hotel for 3 nights

DAY 3

- Breakfast at your hotel
- City tour of Athens, including Temple of Zeus, Hadrian's Gate and new Parliament Buildings, Constitution Square and Tomb of the Unknown Soldier, Panathenaic Stadium Guided tour of the Parthenon
- Meet with Greek business leaders
- Greek festive dinner show

DAY 4

- Breakfast at your hotel
- Full day optional tour of Delphi

DAY 5

- Port of Call Mykonos
- Optional excursion: Mykonos by Night

DAY 6

- Ports of Call Patmos and Kusadasi/ Ephesus
- Included: A.M. excursion: Ancient Ephesus through the Ages
- Optional P.M. excursion in Patmos

DAY 7

- Port of Call Rhodes
- Included excursion: Medieval Tour -Acropolis of Lindos and the Citadel of the knights

DAY 8

- · Ports of Call Crete & Santorini
- Optional A.M. excursion in Crete Included P.M. excursion: Spectacular
- Oia Village perched on the Caldera rim

DAY 9

- Breakfast on the ship
- **Disembark ship**
- Full day tour to Mycenae **Overnight in Athens**

DAY 10

- Breakfast at your hotel
- Transfer to the airport to fly home
- Click here to **BOOK NOW**



\$4.049 PER PERS \$3,749 PER PERSON if deposited by April 15th!



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Warrensbur

Chamber of Commerce



Day 1: We begin **our Curtain Up Theatre** adventure today with our flight from MCI to LaGuardia and a private coach transportation to ROW NYC Hotel. Walking tour of Times Square Theatre District.

Evening: Free Time

Day 2: Gather in the morning for a walking tour Rockefeller Center, St. Patrick's Cathedral, 5th Ave Sights and Radio City Music Hall Backstage Tour.

Afternoon Free - Possible Matinee Show Evening: Group Dinner on Restaurant Row followed by Broadway Show

Day 3: Gather in the morning for a tour of Ellis Island and the Statue of Liberty Afternoon: Walking tour of Greenwich Village - Off Broadway Washington Square, McSorley's Old Ale House Evening: Broadway Show

Day 4: Gather in the morning for a tour of Central Park, Strawberry Fields, Metropolitan Museum of Art, American Museum of Natural History Afternoon: The Vessel and High - Line Trail Evening: Radio City Music Hall Christmas Spectacular

Day 5: Gather in the morning for a tour of Wall Street, Trinity Church, 911 Memorial and Museum Evening: Free Time





Curtain Up Theatre Tours Presents 6-DAY Holiday Tour

December 15 - 20, 2020 FROM \$2,200.00

HIGHLIGHTS:

NEW YOR

- Round trip Airfare from Kansas City to LaGuardia Airport
- Transportation to and from LaGuardia to NYC Hotel
- 5 nights hotel accommodations in Times Square
- Group Dinner, Tickets to Two Broadway Shows and The Radio City Music Hall Christmas Spectacular
- Professional guided tours provided by Dr. Richard Herman, Professor Emeritus of Theatre UCM

Day 6: Last minute shopping then our NYC trip comes to an end with private coach transportation from the hotel to LaGuardia Airport. We will catch our flight back to MCI.



For more details and reservations contact: Warrensburg Chamber of Commerce... Leanne Larson chamber@warrensburg.org (660) 747-3168

QUARRY

1057

CHAMBER MEMBER PRICING

\$2,200.00 a person Based on 4 to a room Two double beds. \$2,325.00 a person Based on 3 to a room Two double beds. \$2,600.00 a person Based on 2 to a room Two double beds \$3,200.00 a person Based on single occupancy/two double beds Non Chamber Members Add \$100.00 to the Pricing.





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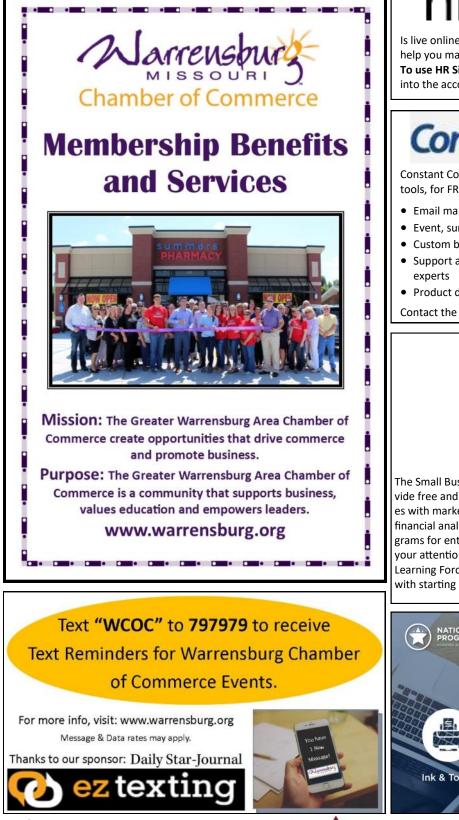


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Chamber Membership Benefits

Click to read the full Membership Benefits Guide!



hrsimple...com

Is live online resource presented in simple language and designed to help you manage your most important resource — your employees! To use HR Simple: Come by the Chamber Office and we will log you into the account. Questions? Give us a call at (660) 747-3168.

Constant Contact

Constant Contact's Chamber Program provides their effective marketing tools, for FREE! Included benefits:

- Email marketing for up to 5,000 contacts (discounted thereafter)
- Event, survey, and social marketing tools
- Custom branded email templates
- Support and advice from award winning coaches and local marketing
- Product discounts up to 25% off!

Contact the Chamber for more information!



The Small Business Administration, the SBDCs around the country to provide free and low-cost assistance to small businesses. They assist businesses with marketing, strategic planning, one-on-one business consultation, financial analysis planning, and a series of hands on development programs for entrepreneurs. The Chamber works to bring these services to your attention. For assistance with finances contact Kelly Asbury with The Learning Force at 660-596-7350 or <u>kasbury1@sfccmo.edu</u> for assistance with starting a new business.

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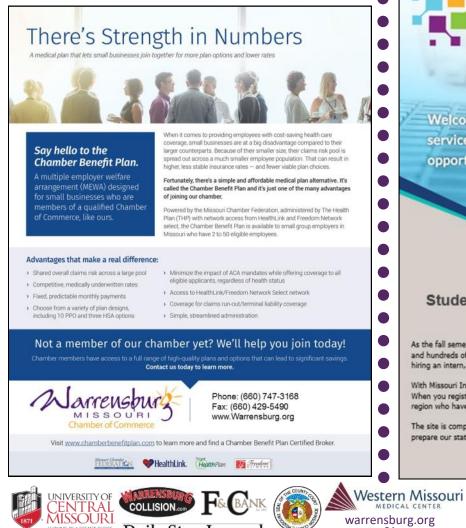
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Welcome to Missouri Intern Connect. This free, easy service matches Missouri interns with great work opportunities across our state.

GET STARTED NOW

Students are looking for fall internships. Are your opportunities posted?

As the fall semester nears, students across Missouri are on the search for internship opportunities -and hundreds of them are looking on Missouri Intern Connect. If your organization is contemplating hiring an intern, now is the time to post your listing!

With Missouri Intern Connect, organizations can also easily take an active role in recruiting interns. When you register for the site, you gain the ability to search intern profiles to find candidates in your region who have the right skills for your job and invite them to apply.

The site is completely free to use, brought to you by the Missouri Chamber and our partners to help prepare our state's workforce as part of the Missouri 2030 strategic initiative.

GET STARTED NOW

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ICS AND LOAN



Chamber of Commerce



The Warrensburg Chamber of Commerce's mission is to create opportunities that drive commerce and promote business. One way we help do that is to direct newcomers or visitors to Warrensburg to our local businesses! These publications are handed out at community events, given away in our Welcome Bags that go out to Whiteman Air Force Base and various other locations, housed in our office and posted on our website.

The **Restaurant Guide** contains a list of restaurants, coffee shops, wineries, etc. in Warrensburg, as well as our Chamber members in Knob Noster. Our Chamber members are listed in bold in this publication.

Our **Relocation Information** brochure lists essential businesses and organizations to contact upon arrival to Warrensburg. This brochure only contains our Chamber members' information.

If you know someone who has recently moved to the area, or if you know someone interested in moving to Warrensburg, please refer them to our website at www.warrensburg.org to find these resources!



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Chamber Gift Certificate Program

Chamber Businesses—if you would like to participate in our 2020 Gift Certificate Program, contact Member Relations Coordinator Rhonda Mosely at <u>rmosley@warrensburg.org</u>. This members-only program offers great shopping flexibility for our residents and is a fantastic way for local companies and organizations to provide employee gifts, rewards, and incentives. You can find more information on the Gift Certificate Agreement, or give us a call at (660) 747-3168. <u>View the Current Participants HERE</u>

Number: _____ Authorized By: _____ year after date of purchase.

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Board of Directors 2019 - 2020

Greg Hall, Chair (2017 -2021) Vice President/Commercial Lender F&C Bank 541 E Young Avenue, Warrensburg, MO 64093 (660) 747-5559 ghall@fandcbank.com Term Exp: June 2021

Jeremy VanWey, Chair Emeritus (2017- 2020) Fire Prevention Officer Warrensburg Fire Department 102 S. Holden St., Warrensburg, MO 64093 (660) 262-4654 jeremy.vanwey@warrensburg-mo.com Term Exp: June 2020

Andy Kohl, *Treasurer (2018-2021)* Assistant Superintendent, Warrensburg R-VI School District 201 S. Holden St., Warrensburg, MO 64093 (660) 747-7823 akohl@warrensburgr6.org *Term Exp: June 2021*

Melissa Frey, Secretary (2019 - 2022) Executive Director, Johnson County Board of Services 200 N. Devasher Rd., Warrensburg, MO 64093 (660) 747-2619 mfrey@jembs.com Term Exp: June 2022

Dustin Fritsch, *Chair Elect (2018-2021)* Co-owner, Pita Pit 303 E. Cooper Blvd., Suite I, Warrensburg, MO 64093 (660) 362-1444 djf98120@gmail.com *Term Exp: June 2021*

Kathy Baldridge (2018-2021) Owner, Photo Gym 114 North Holden St., Warrensburg, MO 64093 (660) 951-0746 kathy.baldridge@photogym.org Term Exp: June 2021

Jamie Brisbin (2019-2022) Manager, World Finance 120 E. Cooper Ave., Unit I, Warrensburg, MO 64093 Jbrisbin1205@gmail.com Term Exp: June 2022 Thomas Crosier (2017 (2019) – 2020) HR Manager, EnerSys Energy Products 617 N. Ridgeview Dr., Warrensburg, MO 64093 (660) 429-7595 thomas.crosier@enersys.com *Term Exp: June 2020*

Justin Jennings (2018 (2019) – 2021) Manager Warrensburg Collision 220 W. Young Ave., Warrensburg, MO 64093 Justim@WarrensburgCollision.com Term Exp: June 2021

Suzy Latare (2019-2022) Manager of Outreach, Access, & Community Health, University of Central Missouri, UHC 220, Warrensburg, MO 64093 (660) 543-8947 latare@ucmo.edu Term Exp: June 2022

Greg McCullough (2019-2022) Director of Human Resources, City of Warrensburg 102 S. Holden St., Warrensburg, MO 64093 (660) 262-4607 greg.mccullough@warrensburg-mo.com Term Exp: June 2022

Jay Meldrem (2019-2022) Owner, Heroes Restaurant & Pub 107 W. Pine St., Warrensburg, MO 64093 (660) 747-3162 heroeswarrensburg@gmail.com Term Exp: June 2022

Darinda Dick (2018-2021) President/CEO, Western Missouri Medical Center 403 Burkarth Rd., Warrensburg, MO 64093 (660) 262-7493 dreberry@wmmc.com *Term Exp: June 2021*

Suzanne Taylor, Executive Director Warrensburg Chamber of Commerce 100 S. Holden St., Warrensburg, MO 64093 (660) 747-3168 Ext 224 staylor@warrensburg.org

Chamber Staff

Suzanne Taylor, Executive Director staylor@warrensburg.org

Leanne Larson, Office Manager Ilarson@warrensburg.org

Amanda Flues, Communications Coordinator aflues@warrensburg.org

Rhonda Mosley, Member Relations Coordinator rmosley@warrensburg.org 100 S. Holden St., Warrensburg, MO 64093 Phone: 660-747-3168 Fax: 660-429-5490 www.warrensburg.org

Get Connected. Stay Connected. GROW!

Mission

The Greater Warrensburg Area Chamber of Commerce create opportunities that drive commerce and promote business.

Purpose

The Greater Warrensburg Area Chamber of Commerce is a community that supports business, values education and empowers leaders.

The Chamber Flash

is a twice-monthly email publication, out on the FIRST and THIRD Fridays of each month. It's a great way for Chamber members to share information about their businesses! It also keeps members up to date with member benefits, networking events and other activities.

Space in the *Chamber Flash* is an included member benefit for Chamber members only. E-mail your print ready ad **in JPG format** to <u>chamber@warrensburg.org</u> by **COB Tuesday** for Friday publication.

You must resubmit your flyer each week you would like it published.

The *Chamber Flash* is compiled and written by Communications Coordinator Amanda Flues.

Interested in membership or sponsorship?

Contact the Chamber Office at 660-747-3168 or email chamber@warrensburg.org.

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Please share the Chamber Flash with your staff, colleagues, friends and family!

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