

Paint the Town Red

Show your University of Central Missouri Spirit!



2018 Paint the Town Red Winner -
Central Missouri Community Credit Union

**Deadline to have windows painted:
8 AM on Tuesday, September 3rd**

Facebook Voting: 5 PM Tuesday - 8 AM Thursday
Winner Announced: Noon on Thursday, September 5th

For more information, contact Amanda Flues:
aflues@warrensburg.org
(660) 747-3168

Warrensburg
MISSOURI
Chamber of Commerce

@ChamberWarrensburgMO

Businesses & Organizations - show your UCM spirit! Paint your windows red & black, paint a UCM scene or paint Mo the Mule to enter our Paint the Town Red window contest! Deadline to have windows painted: 8 AM on Tuesday, Sep 3rd. (You can paint your windows any time in August - just make sure to send us a photo before Facebook voting begins!) Facebook Voting: 5 PM Tuesday - 8 AM Thursday. Winner Announced: Noon of Thursday, September 5th.

[CLICK HERE TO SIGN UP YOUR BUSINESS FOR THE WINDOW CONTEST!!](#)

Need inspiration? See last year's entries in our Facebook Album [HERE](#).

For more info, contact Amanda at aflues@warrensburg.org or 660-747-3168

>>> Upcoming Events <<<

** All Events in Warrensburg unless otherwise stated

EnGAGE!

Mary Kay—Amy Wilson & Johnson
County Economic Development
Tuesday, August 6th, 9—10 AM
JMCR—100 S. Holden Street

Young Professionals Coffee

Wednesday, August 7th, 7:30—9 AM
Old Drum Coffeehouse & Bakery
211 N Holden Street

Ribbon Cutting

Soul Song

Wednesday, August 7th, 10—11 AM
604 N Maguire Street

Young Professionals Lunch

Thursday, August 15th, 11:45 AM—1 PM
Heroes Restaurant & Pub
107 W. Pine Street

Next Chamber FLASH

Friday, August 16th

Ribbon Cutting

360 Media Co.

Thursday, August 22nd, 3:30 PM
111 N Holden Street

Paint the Town Red

September 3rd—5th

Get the Red Out

Thursday, September 5th, 4—6:30 PM
North Holden Street

★ Find Registration Info on Page 3! ★

Clean the Burg

Friday, Sept. 6th & Saturday, Sept. 7th

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The Chamber Invites You!



Join us for our monthly session of EnGAGE! on Tuesday, August 6th from 9—10 AM! We will be hearing from Mary Kay representative Amy Wilson and Johnson County Economic Development Corporation. It is located in the Jack Moore Community Room behind our office at 100 S. Holden Street. [RSVP HERE!](#)



Please join us in celebrating the new location of Soul Song! Refreshments and sales will be available. [RSVP HERE!](#)



Join the Warrensburg Young Professionals on **Wednesday, August 7th** for coffee at **Old Drum Coffeehouse & Bakery!** It is a come & go event from **7:30 AM—9 AM**. You need not be a paid YP member to attend. Stop by, grab a cup of coffee and mingle! Find more info on our Facebook page [HERE](#).



Mark your calendars! Love What's Local is encouraging a community-wide effort to [#CleanTheBurg](#). More details coming soon!

Looking to get involved?

Join the Chamber's Member Relations Committee!

The Warrensburg Chamber **Member Relations Committee** is seeking to add members to its committee. The Member Relations Committee provides support and enhanced value for Chamber members through networking opportunities, mentorship to new members, and assistance navigating Chamber benefits and services. **Interested in joining the Member Relations Committee?** Contact Amanda Flues at: aflues@warrensburg.org or (660) 747-3168.



Daily Star-Journal

Community Information



Booth Registration

The street fair is open to businesses, profit/non-profit organizations, student organizations and others who would like to share information about their business, product, organization or project. The event is a great way to get information into the hands of students, faculty, staff and community members.

Registration will open on May 17, 2019. Please call the UCM office of Integrated Marketing and Communications at 660-543-4640 if you would like further information on the fair.

Get the Red Out is a cooperative community event sponsored by UCM and the Warrensburg Chamber of Commerce. The 15th annual fair will be held on **Thursday, September 5, 2019, from 4-6:30 p.m.** The event takes place on Holden Street in Warrensburg between South and Clark streets. Thousands of campus and community members attend the street fair each year. Mules football follows the fair beginning at 7 p.m. !

Join us for FREE family fun including:

- Inflatables and games for the kids
- Dozens of local organizations and vendors
- Hoop shooting with the Mules and Jennies basketball teams



FREE CERT TRAINING

These dates our for CERT Basic Class. This class teaches community members about disaster preparedness and basic disaster response skills. This course will be offered over 4 days, with an additional day for any make-ups. Contact Deputy Director Cassidy Poteet at cpoteet@jocoema.com for more information.

Sat. 9/14/2019 from 8a.m.-5p.m.

Disaster Preparedness, Disaster Medical Operations, and Disaster Psychology will be offered!

Sat. 9/21/2019 from 8a.m.-5p.m.

Fire Safety and Utility Control, Light Search and Rescue, and Terrorism and CERT will be offered!

Wed. 9/25/2019 from 6-9p.m.

CERT Organization, a Tabletop Exercise will be conducted, and the written Test will take place!

Wed. 10/2/2019 from 6-9p.m.

MAKE UP Day

Sat. 10/5/2019 from 8-1p.m.

CERT Final Exercise

NURSING OPPORTUNITIES AT UCM

♦ **Two .5 LPNs:** 25 hrs./wk. during Fall and Spring semesters (summers off)

♦ **One .85 LPN:** 40 hrs./wk. during Fall and Spring semesters, 32 hrs./wk. during Summer semester

♦ **One .85 Dispensary (Pharmacy) Technician:** 40 hrs./wk. during Fall and Spring semesters, 32 hrs./wk. during Summer semester (open to LPNs)

Join a great team at the University of Central Missouri's University Health Center, serving UCM students! **All positions are day shift only with weekends off, in an outpatient setting, and offer competitive wages.**

The .85 positions are benefit eligible, including holiday pay, vacation and sick leave, health insurance, educational benefits, and MOSERS retirement.

All positions open until filled.



APPLY AT UCMO.EDU/HR TODAY!

BURG FEST VENDOR APPLICATIONS

Deadline is
September 6, 2019!

Print your application from
www.theburgfest.org.



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CENTRAL
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LEARNING TO A GREATER DEGREE



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We're hiring INNOVATORS, MOTIVATORS, & GO-GETTERS.

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Start your career today at centralbank.net/careers.

MEMBER FDIC



Job Opening: Business Banking Representative

Performs a variety of administrative customer service duties for the Business Banking Department. Provides credit card services to merchants and cardholders. Explores customer needs and cross-sells services that are in the best interest of the customer. Makes appropriate referrals to other business units for traditional and non-traditional banking products and services. Works independently and must have the ability to exercise good judgment skills to make decisions, research and solve problems, handle confidential information and manage multiple tasks.

DOLLAR TREE | **FAMILY DOLLAR**

DISTRIBUTION CENTER WARRENSBURG

Receiving, Shipping, Order Pickers, All General Warehouse Available
Apply

Join Us for Walk In Interviews

TO APPLY www.dollartree.com/careers

Saturday, August 3rd

9:00 AM – 2:00 PM

300 NE 200th Rd Warrensburg, MO 64093 (across from Break Time)

Available Shifts –

1st - 6:00 AM - 4:30 PM Monday-Thursday (limited)

2nd - 6:00 PM - 4:30 AM Monday-Thursday (weekend and days free perfect for school)

3rd - 6:00 AM - 6:30 PM Friday, Saturday, & Sunday (weekend days)
(Additional \$0.75 per hour for 2nd and \$1.50 per hour for 3rd)

If you would like to schedule a time to meet outside of the posted date/hours please call 660-747-0335 Press 6 or email h1ridge@dollartree.com or kfox23@dollartree.com

- \$12.50 per hour
- Increase after 90 days
- FREE Medical Coverage for Warehouse Associates – Top Tier Plan!



Christian Community Council Kick Off Event

Whiteman Air Force Base

DATE: 2 August, 2019

TIME: 6:00 p.m.

LOCATION: Army National Guard Armory

GUEST SPEAKER: LtCol Stuart Sullivan

FOOD • INFLATABLES • MUSIC • GAMES • & MORE

NOW HIRING

JostensPIX Customer Service/Sales Representative



JostensPIX is creating a better school photo experience by handling all aspects of the JostensPIX portrait program for schools including ease of ordering.

Be a part of creating a lasting memory.

Full-time positions are available in Sedalia, Missouri.

This is an hourly position with the ability to earn commission based on JPix Sales Program. Comprehensive health benefits, recognition program and 401(k) benefits available.

APPLY: www.Jostens.com/careers
Look for the Sedalia, MO posting.



PART-TIME HELP WANTED to help serve our rapidly growing customer base. Apply in person at U.S. Cleaners-Warrensburg, 609 E. Young, suite A-1, Santa Fe Trail Shopping Center to Cheryl Rush, manager.



WE ARE HIRING!

APPLY TO AVAILABLE JOB OPENINGS BY VISITING :
WWW.CHS-MO.ORG/CAREERS



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UNIVERSITY OF CENTRAL MISSOURI

Building Cultural Awareness, Understanding and Appreciation



We're
looking for
Families!

The Friendship Families program connects new UCM international students with local families and individuals to help students feel at home here in Warrensburg.

There's no cost, no homestay, and all you have to do is be yourself!



Applications for Fall 2019 are due August 25.

For more information visit www.ucmo.edu/friendshipfamilies!



Job Openings at
Both Locations

Holiday Inn Express & Suites Warrensburg North

Position	Full Time	Part Time
Breakfast Host		x
Housekeeper		x
Housekeeper Super	x	x
Front Desk Agent	x	x
Front Desk Manager	X	
Operations Manager	X	
Maintenance Worker	X	X

Holiday Inn Express Warrensburg

Position	Full Time	Part Time
Breakfast Host		x
Housekeeper		x
Housekeeper Super	x	x
Front Desk Agent	x	x
Front Desk Manager	X	
Operations Manager	X	
Maintenance Worker	X	X



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ABOUT BEING THE
BOSS OF THEIR BODY &
BEING A BODY SAFETY SUPERHERO

WWW.CHILDSAFEHOUSE.ORG



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MEDICAL CENTER

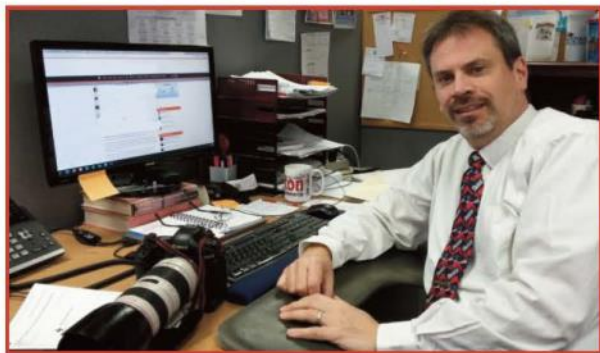
warrensburg.org



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What is it like to work for us?

- As a community-minded company, we aim to connect with — not just report on — the communities we serve.
- We focus on what it takes to make YOU successful in your job, preparing you to inform and engage with an active audience.
- As part of a family-owned business, you will develop strong team-building and family-like relationships with co-workers.

Qualified candidates should:

- Have strong two-way communication skills, oral and written
- Have a bachelor's degree or equivalent experience in journalism or a related field
- Be familiar with pagination software, photography techniques and social media trends
- Be able to manage time and effectively multi-task

Apply today!

Email amy.neal@npgco.com

with resume, cover letter, and writing samples

Daily Star-Journal

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Sign up for JoCo Alerts!

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Visit our website and click the "RAVE" tab!



For more information contact Johnson County
Emergency Management Agency at (660) 747-2666
or on Facebook at "JoCo Emergency Management Agency"

Use your smartphone QR
reader to sign up now!

LinkedIn

A new LinkedIn Group for employers to connect with **transitioning service members and military spouses** is now available. Please join and help us connect our community with employment opportunities.

<https://www.linkedin.com/groups/12242716/>

Volunteer Opportunity with The Salvation Army

Want to make a difference for your neighbors in Warrensburg and Johnson County? The Salvation Army is looking for dedicated volunteers to help in "doing the most good".

New members are needed for the service unit committee. Duties include attending monthly meetings, representing The Salvation Army at community events and assisting with the annual Bell Ringing Campaign.

Interested? Have questions? Contact Karen Eagleson at www.wbgsalarmy@gmail.com or call 660-422-4304.

Have a job opening in your business? Email us the job information and we will put it on our website. We can also share the information in the Chamber FLASH Newsletter and on our Facebook page.

**NOW
HIRING**
APPLY TODAY

Looking for a job? Go to www.warrensburg.org and look for the "Job Listings" tab on the left side of the home page. You can also go to our Facebook Page and search "Job Opening" in the Posts tab.



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warrensburg.org



Job Description: Congregational Life Facilitator (part time)

Scope: Working with the Pastor and the Elders, The Congregational Life Facilitator will coordinate ministry programs designed to meet the spiritual growth of our members of all ages. They will display a commitment to serving Jesus Christ through serving His people at Bethlehem Lutheran Church – Warrensburg, MO.

Responsibilities and Duties

Provide leadership, plan and implement age-appropriate activities for Seniors, Adults, Jr. and High School and Elementary age youth that promote spiritual growth and community through faith development, fellowship, and enjoyment of God's gifts. Such activities might include: weekly activities, small group Bible study, retreats and service projects.

Work with the Education, Mission, Evangelism, and Fellowship boards to help coordinate efforts among them, connect their activities, and encourage congregational and community participation in all of these areas.

Attend monthly Education Committee meetings.

Maintain regular communication with youth, parents, the pastor, church office and the surrounding community using appropriate technology and social media.

Assist the Sunday School superintendent in the recruitment and training of adult volunteers to serve as Sunday School teachers and youth group leaders.

Periodically meet with the various fellowship and volunteer groups at Bethlehem: Mary Martha, Men's club, Merry Widows, Singles, etc.

Focus on one to three of these Bethlehem groups where guidance and direction is most needed for cohesion and strength.

Meet with community groups that interface with Bethlehem (4H, Boys and Girls Scouts, etc.) at least once annually.

Assist with preparation of Vacation Bible School if the need arises.

Requirements: The candidate should have experience working with youth and children in a faith community setting. This position shall be an example of dynamic leadership for a team of volunteers who can relate to persons of all ages and support Sunday school and other spiritual formation activities. The person in this position shall work closely with the pastor to develop and execute a program that includes Christian education advancement for participants of all ages and maintains high visibility with educational and social groups within our congregation. An organized and creative self-starter who is a team player with a positive attitude. High School or equivalent diploma required.

Hours: Part time schedule (20 hours / week). Able to work flexible hours; including weekends, evenings, and holidays

Supervisory Responsibility: This position will help supervise adult volunteers and student leaders.

Please submit resume and names of references to the church office manager via mail or email.

OfficeManager@blchurch.com

Office Manager

Bethlehem Lutheran Church

607 N Maguire St.

Warrensburg, MO 64093



Belmont Construction Company, LLC

222 E. Main Street, First Floor

Oklahoma City, OK 73104

Phone: (405)604-5074

RE: Multi-Family Construction Superintendent Position

Belmont Construction Company, LLC is seeking qualified applicants to serve as the on-site Multi-Family Construction Superintendent to oversee the construction of the future GardenWalk at Magnolia Ridge housing development located at 1105 Thompson Street, Warrensburg, MO 64093. Please review the full job description prior to applying for the position.

Qualified applicants should submit a cover letter, resume, and references to the following individuals:

- Derrick Hamilton
dhamilton@belmontdev.com
- Catherine Beulyn
cbeulyn@belmontdev.com
- Paul Neissl
pneissl@belmontconst.com

Duties and Responsibilities:

- Manage Subcontractors and subordinate site staff in multi-family apartment construction from onsite.
- Responsible for coordinating all phases of construction.
- Coordinate all inspections (City, State, Structural Observation, LEED, etc.).
- Ability to read and interpret multi-family apartment construction plans, specifications, and additional project required documentation, and ensure that appropriate construction measures are implemented.
- Assist Construction Manager in the bidding, buy-out and subcontracting process as necessary.
- Recognize and suggest value engineering opportunities.
- Review and discuss construction techniques to improve current methods.
- Work with Project Manager to manage, track, and update overall project schedule as well as three-week outlook. Determine and implement measures to maintain schedule and take corrective action as required.
- Track and implement field changes.
- Maintain Daily Jobsite log, SWPPP compliance, jobsite cleanliness and OSHA and Safety compliance.
- Create, track and clear Subcontractor Punch-Lists.
- Manage Subcontractor Warranty Walks

** Contact Belmont Construction Company for further information



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Save
the
Date



**Project
Community
Connect**

**Friday
November 1,
2019**

**UCM Student
Recreation Center**

**THANK YOU TO ALL OUR
VOLUNTEERS!**

Sign up today!

www.projectcommunityconnect.org



Daily Star-Journal

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Shout Out



Many of our chamber members received awards for the Daily Star-Journal's Best of the Burg! Congratulations to everyone! [CLICK HERE](#) to find more info on Best of the Burg winners.



Congratulations, Sue!

The Chamber would like to wish Sue Kraus a very happy retirement. She has been extremely involved with the Chamber over the years. We have appreciated her help and advocacy for our organization.



Whiteman Air Force Base 3rd Quarter Award Program

A "Big Chamber Shout Out" and thank you to all the Chamber members that contributed to the Whiteman Air Force Base 3rd Quarter Award Program. The gift bags were delivered by the Chamber to the July 26th event. When frequenting the businesses of the following Chamber members, please thank them for their contributions.

118 Cakery

Alewel's Country Meats

Brown's Shoe Fit Company

Country Kitchen

Dairy Queen Grill & Chill

Finnane-Robison Dental LLC

F&C Bank

Heroes Restaurant

Pack 'N' Mail

Quarry City Savings & Loan

Rudy's Frame Shop

Sonic Drive In

The Daily Star Journal

The Trendy Bluebird

Traditions Restaurant

UCM, Keth Memorial Golf Course

Zaxby's



"Awesome Blossoms is honored to accept this award from Missouri Main Street Connection! We were the finalist on "The Design and Preservation" nominations. We could not have come this far in our growing business without this entire community behind us!"



Daily Star-Journal

warrensburg.org



New Members

Edward Jones

MAKING SENSE OF INVESTING

Edward Jones—Michael Friedli

Financial Advisor
303 Hawthorne Blvd, Suite D, Warrensburg, MO
660-747-0260
www.edwardjones.com/Michael-friedli



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LEARNING TO A GREATER DEGREE

UCM Athletics Department—Jeff Mason

Assistant Athletic Director
Multipurpose Building 203, 500 S Washington Street, Warrensburg, MO
660-543-4454
www.ucmathletics.com



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UCM Harmon College of Business & Professional Studies —Raysha Sally

Director of Development
Smiser Alumni Center, 108 W South Street, Warrensburg, MO
660-543-4298
www.ucmo.edu/harmon-college-of-business-and-professional-studies/

Most Recent Reports



UNITED STATES CONGRESSWOMAN
VICKY HARTZLER
MISSOURI'S FOURTH CONGRESSIONAL DISTRICT

To view Congresswoman
Vicky Hartzler's
Congressional report, click
[HERE](#).

Latest Press Releases:
[CLICK HERE](#)

More information from Vicky
Hartzler:
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To view State Senator Denny
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click [HERE](#).

More information from Denny
Hoskins:
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STATE REPRESENTATIVE
DAN HOUX
54TH DISTRICT



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Dan Houx's current capitol
report, click [HERE](#).



STATE REPRESENTATIVE
DEAN DOHRMAN
51ST DISTRICT

To view State Representative
Dean Dohrman's current
capitol report, click [HERE](#).



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Ribbon Cutting Ceremonies



CASH SAVER

The Warrensburg Chamber of Commerce held a ribbon cutting for the transition of Woods Supermarket to CASHSAVER on the morning of Friday, July 19th. CASHSAVER is located at 1047 S Maguire Street in Warrensburg. "Your Warrensburg Cash-Saver Cost Plus Food Store promises you a whole new way to save on groceries. Lower prices on every item in every department means CashSaver is the very best way to save money on your family's grocery bill - every time you shop!" CASHSAVER utilizes a Cost+10% Formula when pricing their items. Visit their website for more details.

Warrensburg Chamber Board of Directors Member Suzy Latore started the event by welcoming everyone in attendance and introducing VP of Operations Doug Haworth. He then introduced store managers Xavian Rutherford, Calvin Hunt and the rest of their staff.

Anchoring the ribbon in the photo above are Chamber Chair Greg Hall and Chamber Ambassador Sharri Carter as Store Manager Calvin Hunt prepares to cut the ribbon.

For more information on CASHSAVER, visit their website at: www.warrensburgcashesaver.com.



Warrensburg Convention & Visitors Bureau

The Warrensburg Chamber of Commerce held a ribbon cutting for the relocation of Warrensburg Convention and Visitors Bureau on Wednesday, July 31st. They are now located at 407 A East Russell Avenue, Suite 2 in Warrensburg. "A big thank you to everyone who came out to the Visitor Center's ribbon cutting and open house. This wouldn't have been possible without the support from the WCVB Board, City of Warrensburg Council, City Administration and the voters who approved the Lodging Tax increase in April 2019. The Warrensburg Chamber of Commerce did a fantastic job organizing the event!" - @VisitWarrensburg

Warrensburg Chamber Board of Directors Member Suzy Latore thanked everyone in attendance for coming, then passed the speaking to Mayor Casey Lund. "They have the support of the community. We've shown with our vote that we want to share our story and help promote Warrensburg," Lund stated. He then handed off the speaking to WCVB Executive Director Marcy Bryant. Bryant introduced the WCVB Board and thanked them for their tireless efforts. "We said we would create a Visitor's Center that was welcoming, accessible and visible and I think we've done just that." Bryant stated.

Anchoring the ribbon in the photo above are Chamber Ambassador Sharri Carter and Chamber Chair Greg Hall as Mayor Casey Lund prepares to cut the ribbon alongside Executive Director Marcy Bryant, WCVB Board members, Chamber members and the community.

For more information on the Warrensburg Convention and Visitors Bureau, visit their website at: visitwarrensburg.com.



Upcoming Chamber Member Events

**3RD ANNUAL
BACK TO SCHOOL EVENT**

FRESH SUCCESS **JOIN US!**

In need of Sponsorship and Community Partners

**August 5, 2019
4pm - 8pm**

FREE HAIRCUTS!!!
For All School Age Kids.

FREE SHOES & SCHOOL SUPPLIES
For Kids in Need

ACTIVITIES

Face Painting Push Up & Pull Up Contest
Bounce Houses

Obstacle Course

☎: 816-345-5735

f: @allstarzbarbershop2014 i: @allstarzbarbershop
a: @all-starz1 www.allstarzllc.com



**Celebrating
CENTRAL MISSOURI
ATHLETICS
Auction
2019**

Thursday, August 8
6-8 p.m. - Auction Preview and Pre-registration

Friday, August 9
5:30-7:30 p.m. - Silent Auction
6:30-8 p.m. - Dinner
7:45-10 p.m. - Live Auction

UCMathletics.com/auction

Google™  **Missouri Small Business & Technology Development Centers**

Bryan Caplan with Google is coming back for another free event on Wed. Sept. 25th from 1:30 - 3:30! He will be teaching the "Get Your Business Online, and Reach Customers Online With Google," and this time it will be held at the SFCC Sedalia campus (AND there will be Google swag bags with goodies for all attending!). In case you missed the first one, or would like to sharpen your skills you learned from attending, be sure to register early (we sold out last time, and it was standing room only)! Here is the link:
<https://www.eventbrite.com/e/grow-with-google-and-the-small-business-technology-development-center-tickets-62857728157>

Save The Date

March 28th 2020


The Blaine Whitworth
GBGH 5K

GO BIG OR GO HOME

FISHING WITH A FIREFIGHTER

AUGUST 3 | 8:00AM-12:00PM

Meet our first responders at Lion's Lake for a fun day of fishing! All you will need is a chair and sunscreen, and they will take care of the rest! No registration required, come and go as you please! Lunch will be provided!



LNO


LADIES' NIGHT OUT IS BACK.
OCTOBER 15, 2019
5-8 PM | UCM ELLIOT BALLROOM

Johnson County Historical Society Annual Members Meeting

2pm - Sunday, Sept 29 2019
Historic Courthouse and Museum

Guests Welcome!
Join us for an evening of entertainment and information! Learn how YOU can be a part of bringing our rich history to life for all generations.

302 North Main, Warrensburg





Warrensburg
Celebrity

DESSERT Auction

Join us for the Fun!
DECEMBER 17, 2019
FIRST UNITED METHODIST CHURCH
141 EAST GAY STREET
WARRENSBURG

Serving Chili & Dessert
Free Will Donation
5:30 Dinner is served
6:00 Auction Begins

Bid on fabulous desserts prepared by our own local celebrities!
Just in time for Christmas!
Delicious "Cash & Carry" Desserts Too!
Interested in donating or being involved?
call 660.829.3434 or Julie at jhoffert@childsafefirst.org



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KIX105.7



Warrensburg
MISSOURI
City of Warrensburg



Foundation Leadership Course

SFCC Leadership Academy



Session 1: **Communication Styles** | October 3 | 8 am- 12 pm

- Learn different communication styles
- Learn the power of flexing to others
- Deal with stress
- Increase communication effectiveness

Session 2: **Clarity, Alignment, Purpose** | October 17 | 8 am- 12 pm

- Create clarity around direction and expectations
- Create alignment and enthusiasm
- Help drive purpose within each team member

Session 3: **Effective Communication** | October 31 | 8 am- 12 pm

- Build stronger relationships
- Drive better results
- Increase engagement and productivity

Session 4: **Personal Growth** | November 14 | 8 am- 12 pm

- Create your vision to reality
- Focus on growth driven activities
- Spotlight a growth plan for better results

Session 5: **Putting It All Together** | December 5 | 8 am- 12 pm

- Craft your next steps to impact people and drive even better results
- Make these learned tools a part of your DNA
- Leverage the Foundation Leadership Series to take your career to new heights

Session 6: **Accountability Round Table (Virtual)** | January 9, 2020 | 8 am- 12 pm

- Loop back on your action plan and share successes and challenges
- Hear how other session participants are doing with their action plans
- Gain and provide feedback and insights on how to ensure continued success and positive progress
- Ensure sustainability with all efforts, for a measured return on investment

The LearningForce at SFCC has teamed up with The Carden Group to offer this high-impact, six-part course that will help take your leadership skills to new heights, impacting your team, your organization and yourself!



State Fair
Community College

The LearningForce
KNOWLEDGE + SKILLS + ENRICHMENT



Location:
SFCC - Sedalia Campus
Thompson Conference Center

MAP

**EARLYBIRD
DISCOUNT**
SAVE \$100

When you register by August 30

\$1195/pp

Course value \$1295/pp

IT'S EASY TO ENROLL!

Online: [www.sfccmo.edu/
the-learning-force](http://www.sfccmo.edu/the-learning-force)

Phone: 660-530-5822

Email: thelearningforce@sfccmo.edu

CONTACT US

The LearningForce | Your Training Partner
3201 West 16th Street | Sedalia, MO 65301

phone | (660) 530-5822

email | thelearningforce@sfccmo.edu

web | www.sfccmo.edu/the-learning-force

SFCC is an equal opportunity institution
and is smoke- and tobacco-free.
Visit www.sfccmo.edu to learn more.



VETERAN PRIORITY HOUSING

and the

KCVA WHOLE HEALTH FOR LIFE PROGRAM

invites Veterans to a

PRESENTATION & LUNCHEON

This **free** event will include a presentation about GardenWalk at Magnolia Ridge, a Veteran priority housing development in Warrensburg & information regarding the Whole Health for Life Program, along with an opportunity to visit with area service providers.



OCT. 23, 2019
10:00AM-1:30PM



MATTHEWS-CRAWFORD
AMERICAN LEGION POST 131
733 E YOUNG ST
WARRENSBURG, MO
660.747.5957

Seating is limited for the free luncheon & an RSVP is required. Please RSVP by Oct. 16 by clicking on this flyer or visiting the Eventbrite site.



Treasured Blessings
21 NW 575 Rd.
Warrensburg, MO 64093
660-747-0470



Create & Take - Fabric Pumpkins
August 17, 2019

Session 1: 10 am - Noon

Session 2: 1:00 pm - 3:00 pm

Cost: \$25 for set of 3

The BIG Games

JOHNSON COUNTY'S
ULTIMATE COMPETITION

Are you ready?

Big Brothers Big Sisters.

OF JOHNSON COUNTY

www.bbbsjoco.org



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Western Missouri
MEDICAL CENTER

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Daily Star-Journal



HALLOWEEN 5K GLOW RUN/WALK

ALL INCLUSIVE, ALL ABILITIES

Run, jog, or walk in costume!

October 26th, 2019

at the University of Central Missouri.

\$30 FOR COMMUNITY MEMBERS

FREE FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES



JOHNSON COUNTY
BOARD OF SERVICES

CHECK IN

Time : 6:00 PM

Location: Selmo Park located near the Friendship Tower and the UCM Bowling Alley on South Holden Street.

RUN/WALK TIME

Runners will start at 6:45 PM
and walkers will start at 7:00 PM

REGISTRATION

Johnson County Board of Services Facebook page under events

SHIRTS INCLUDED IN REGISTRATION IF REGISTERED BEFORE OCTOBER 7TH

FREE GLOWING ACCESSORIES FOR ALL PARTICIPANTS

1ST, 2ND, AND 3RD PLACE PRIZES

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American Heart Association.
Heart Walk.

2019

HEART WALK

JOHNSON COUNTY HEART WALK

Friday, September 20, 2019

Warrensburg Middle School Football Stadium

6:00pm — Festivities Start
7:15pm — Walk Ceremony Begins
7:45pm — Walk Begins
8:15pm — Closing Remarks

START A TEAM TODAY!

www.johnsoncountyheartwalk.org

Come out and join in the fun!

- ✓ Healthy Food Choices
- ✓ Music
- ✓ Heart Information
- ✓ Kids Activities

For more information contact
Sarah Schaefer at (907) 957-5432 or
sarah.schaefer@heart.org

Thank You to Our Sponsors:



**Western Missouri
MEDICAL CENTER**

Please join us for the

10th Annual Ice Cream Social

Hosted by the WMMC AUXILIARY



Sunday, August 4 • 2:00 – 4:00 pm

WMMC Courtyard Café

\$4.00 includes ice cream, a homemade dessert and a beverage
\$5.00 at the door

We look forward to seeing you there!

For tickets, visit the Wishing Well Gift Shop or contact Teresa Collins, Volunteer Services Coordinator, at (660) 262-7466 or tacollins@wmmc.com.

Proceeds will purchase a Hearing Screener at Building Blocks Pediatrics for pediatric patients.

TAKE A LOOK AT OUR UPCOMING PROGRAMS!

NOB NOSTER STATE PARK

Nature Songs

Sunday, July 28 10 AM-11

Lil' Forest Amphitheater in Campground

Be part of nature's music by learning what nature's songs are saying, creating a music craft, and learning a nature song.

Kayak Tour

Sunday, July 28 5 PM-6:30

Lake Buteo

REGISTRATION REQUIRED, ages 10+
Must know how to kayak.
Call 660-563-2463 07/19-07/26 to register.

Night Hike

Saturday, August 3 8 PM-9:30

Buteo Trailhead

When the sun goes down, the night shift begins!
1 mile hike, wear sturdy shoes & bug spray.

Creek Walk

Saturday, August 10 11 AM-12 PM

WPA Picnic Shelter

Explore the wonders under water!
Wear shoes & clothes that can be wet, sunscreen, & bug spray. No flip-flops.

These events are free and open to the public. Contact us at 660-563-2463

Directions to Park/Site: Knob Noster State Park is located near Knob Noster and Whiteman Air Force Base, between Warrensburg and Sedalia. The park can be reached off 50 HWY by taking 23 HWY or State Route DD.



Missouri State Parks - a division of the Missouri Department of Natural Resources



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Daily Star-Journal

SOUNDS OF SUMMER CONCERT

FRIDAY - AUGUST 2

WEST PINE STREET, DOWNTOWN WARRENSBURG

WYATT & WATERS 6-8PM

BLUESTEM 9-11PM

OPEN CONTAINER ON WEST PINE



DOWNTOWN FIRST FRIDAY ART WALK 5-8PM

**DOWNTOWN
WARRENSBURG**

Friday, August 2

**FIRST FRIDAY ART WALK
5-8PM**

**SOUNDS OF SUMMER
CONCERT 6-11PM**

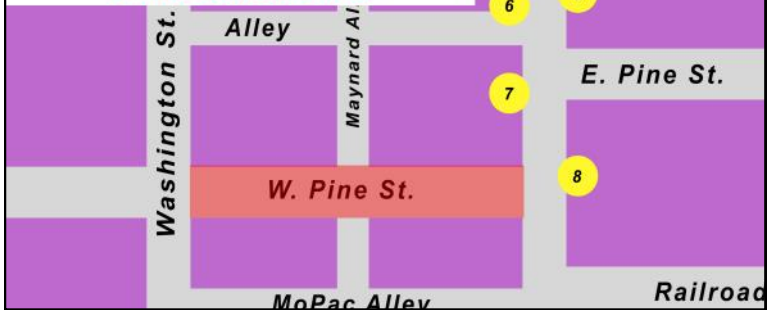


August 2

First Friday Art Walk

- 1) Old Drum CHB - Mike Doan (live music)
- 2) The Market - Gloria Brown (ukelele)
- 3) Tranquility Shop - Adopt a Dragon
- 4) Warrensburg Main Street - Brett Wampler
- 5) Cafe Blackadder -
Echoing Pulse Photography and
Coyote Bill & Cole Dillingham
- 6) Spencer Williams
- 7) Photo Gym - In The Sky Designs /
Handmade by Cosmo
- 8) RISE Crafts & Curiosities -
Holli Burge (indoors),
Lynn Foreman (outdoors)

**SOUNDS OF SUMMER CONCERT ON
W. PINE STREET 6-11PM**



First Friday

JAZZ

Jam Session

August 02, 2019

7:00pm - 9:00pm

International Pianist

Thor Polson

&

The Jazz Trio

**SPECIAL GUEST
APPEARANCE!**

Upcoming Album

"The Portal"

Entrance Fee: \$10.00

**(All proceeds go to Fresh 4 Success,
Back to School Supply Drive and Event)**

Hosted by:

ALL-STARz

Location:
139 W. Pine St.
Warrensburg, MO. 64093

For More Information

Call: 816-345-5735 or Email: allstarzllc@gmail.com



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A proud partner of the American Job Center network™

SEDALIA

515 S. Kentucky Ave.

Sedalia, Mo 65301

(660) 530-5627

Office Hours

Monday-Thursday

8:00 am - 4:30 pm

Friday

9:00 am - 4:30 pm

To sign-up for a workshop;
go online (jobs.mo.gov),
over the phone, or come by
the Job Center.

Notes

- Workshops are not considered schooling or training when filling for weekly UI benefits.
- Must sign-up at least 24 hours in advance. Please arrive on time. No late admissions.
- All workshops are free to attend.



2019



Monday	Tuesday	Wednesday	Thursday	Friday
			1 NCRC 12:00PM-4:00PM	2 Career Exploration 10:00 AM-11:00 AM
5	6 Application Process 1:00PM-2:00PM Résumé Preparation 2:00PM-3:00 PM Interview Process 3:00PM- 4:00PM	7 NCRC 8:30AM-12:30PM	8 Carrollton Connection Site 10am-2pm	9 Skills & Typing 2:00 PM-3:00 PM
12 Career Enhancement 1:00 PM-2:00 PM	13 NCRC 12:00PM-4:00PM	14 Career Networking 11:00 AM - 12:00 PM	15 Warsaw Connection Site 1pm- 4pm	16 Basic Computer Skills 1:00 PM-2:00 PM
19 Skills & Typing 2:00 PM-3:00 PM	20 Basic Computer Skills 9:00 AM-10:00 AM	21 Keytesville Connection Site 10:00am- 1:00pm	22 NCRC 8:30AM-12:30PM	23 Marshall Connection Site 10am- 2pm
26 Basic Computer Skills 9:00 AM-10:00 AM	27 A.P.P.L.I.E 9:00 AM-10:00 AM	28 Stress Management 1:00 PM-2:00 PM	29 NCRC 12:00PM-4:00PM	30

Workshop Information

APPLIE:
About Persons with Past Legal Issues in Employment

Basic Computers:
Get more comfortable on the computer at your own pace.

Career Exploration:
Not sure what you want to do?
Complete this workshop to determine your next move.

Career Networking:
Learn how to strengthen connections to land your next job.

Connection Sites:
We bring The Job Center's services to your community! Carrollton, Keytesville, Marshall, and Warsaw.

NCRC:
Free assessment to earn a nationally recognized certification in Applied Math, Graphic Literacy, and Workplace Documents.
"Preferred by many employers"

Resume Process:
Let us help you create/update a resume.

Skills & Typing:
Improve typing speed or work on lessons in Career Ready 101.



Explore the history of a uniquely American art form: country music. From its deep and tangled roots in ballads, blues and hymns performed in small settings, to its worldwide popularity, learn how country music evolved over the course of the 20th century, as it eventually emerged to become America's music. Country Music features never-before-seen footage and photographs, plus interviews with more than 80 country music artists.

Mark your calendars to join KMOS-TV for one of our **FREE** screenings of **#CountryMusicPBS**

Tuesday, August 6 | 6 p.m.
Capitol City Cinema
Doors open at 5:30 p.m.
126 E High St.
Jefferson City, MO 65101

Thursday, August 29 | 7 p.m.
Liberty Center Association
for the Arts
Doors open at 6:30 p.m.
111 W 5th St.
Sedalia, MO 65301

Thursday, September 12 | 7 p.m.
University of Central Missouri
Twomey Auditorium
Wood Building Room 100
Doors open at 6:30 p.m.
University of Central Missouri
Warrensburg, MO 64093

To RSVP or for more details go to kmos.org and click on the "Country Music" link.

12th Annual COMMUNITY SENIOR FESTIVAL



Sunday, August 25th
Johnson County Fairgrounds
11 a.m. - 2 p.m.



- Pork, Chicken
- Potato Salad
- Cole Slaw
- Baked Beans
- Roll
- Homemade Desserts
- Coffee and Tea

SILENT AUCTION



FREE WILL DONATION

To support the home delivered meal program of the
WARRENSBURG SENIOR CENTER

GOAL \$12,000

Care Connection
for Aging Services



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Johnson County Community Health Services
 723 PCA RD Warrensburg, MO 64093 Phone: 660-747-6121
 Fax 660-747-1294 for Administration, Public Health, Environmental, & WIC
 Fax 660-747-6087 for Home Health
This institution is an equal opportunity provider.



August 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WIC Satellite Clinic. From 8:45 am to 3:30 pm (closed 12 pm – 1 pm for lunch) at Knob Noster United Methodist Church. This institution is an equal opportunity provider ✓ Immunizations Daily	2 ✓ Immunizations Daily
5 ✓ Immunizations Daily	6 WIC Walk in Tuesday 9:00-5:30 ✓ Immunizations Daily	7 WIC Satellite Clinic. From 8:45 am to 3:30 pm (closed 12 pm – 1 pm for lunch) at the Holden Community Activity Center. This institution is an equal opportunity provider *Food Safety Training Class: from 10-12 AND 1-3 pm. 101 W. 3rd, Holden City Hall <u>Call 660-747-6121 Ext. 258 for more information</u> ✓ Immunizations Daily	8 *Food Safety Training Class from 10 am - 12 noon. Upper Level Classroom <u>Call 660-747-6121 Ext. 258 for more information</u> CPR/AED & FIRSTAID from 9 am to 4 pm (Registration is required-call 660-747-6121, Ext. 281) ✓ Immunizations Daily	9 ✓ Immunizations Daily
12 ✓ Immunizations daily	13 WIC Walk in Tuesday 9:00-5:30 *ServSafe Training Class: 8:00 am to 5:00 pm, Upper Level Classroom <u>Call 660-747-6121 Ext. 258 for more information</u> ✓ Immunizations Daily	14 WIC Satellite Clinic. From 8:45 am to 3:30 pm (closed 12 pm – 1 pm for lunch) at the Holden Community Activity Center. This institution is an equal opportunity provider ✓ Immunizations Daily	15 WIC Satellite Clinic. From 8:45 am to 3:30 pm (closed 12 pm – 1 pm for lunch) at Knob Noster United Methodist Church. This institution is an equal opportunity provider JCCHS on KOKO 1450 Radio at 8:30 am ✓ Immunizations Daily	16 ✓ Immunizations Daily
19 ✓ Immunizations Daily	20 WIC Walk in Tuesday 9:00-5:30 ✓ Immunizations Daily	21 WIC Satellite Clinic. From 8:45 am to 3:30 pm (closed 12 pm – 1 pm for lunch) at the Holden Community Activity Center. This institution is an equal opportunity provider ✓ Immunizations Daily	22 Board of Trustees meeting at 10 am ✓ Immunizations Daily	23 ✓ Immunizations Daily
26 ✓ Immunizations Daily	27 WIC Walk in Tuesday 9:00-5:30 *Food Safety Training Class: from 2 pm -4 pm. Upper Level Classroom <u>Call 660-747-6121 Ext. 258 for more information</u> ✓ Immunizations Daily	28 ✓ Immunizations Daily	29 ✓ Immunizations Daily	30 ✓ Immunizations Daily

* **Children's Immunization Clinics** - A fee will be assessed for the uninsured/underinsured based on immunization needs. Cash, check, debit or credit is now accepted. Medicaid will be billed if child is insured through Medicaid and card is presented.

* **Enhanced Immunization Program**-Through a partnership with VaxCare, Inc, we are now offering insured adults and children a wide variety of vaccines. Most insurance is accepted.

* **Food Safety Training Class** is a 2-hour introductory course that covers the basics of Safe Food Handling, Dangers of Foodborne Illness and Personal Hygiene. This course is recommended for all food service facility employees (wait staff, bartenders, cooks, deli workers and dishwashers). There are no fees associated with this course. **To register, please call Tammy at (660) 747-6121 Ext. 258.** Location: 723 PCA Road, Upper Level Classroom (Enter East door on front of building).

Other Services:

Blood Pressure screenings available by Public Health Nursing staff on a walk-in basis Monday through Friday 8 am -5 pm

American Heart Association BLS and HS CPR/FA: E-Learning "Skills Sessions" now available. Call 660-747-6121 Ext. 281to schedule a time.

Car Seat Checks: Call WIC at 660-747-2012 or call 660-747-6121 and select the operator.

Pregnancy testing: If eligibility requirements are met, Temporary Medicaid card for pregnant women may be issued. Please call for an appointment at 660-747-6121.

STD/HIV testing: Please call for an appointment at 660-747-6121.

WIC Breastfeeding Class: Please call 660-747-2012 for class information and enrollment.

CCHC, CHILD CARE Providers Class, Call 660-747-6121, ext 281 for more information. Clock hours available for attendance.



Daily Star-Journal



Press Releases



The Torkelson Family Story: My Partner for a Miracle Pregnancy

The journey of delivering a baby into the world can be difficult enough, but the addition of embryo adoption and an unexpected surgery make pregnancy and delivery that much harder.

When the Torkelson Family moved for Ashley's job on Whiteman Air Force Base, they were ready to have a baby and knew they were embarking on a long journey, but they were determined to have their miracle.

Improbable, But Not Impossible

Ashley had always dreamed of having a baby and when the couple found out that there was no chance that they would ever have genetic kids she was devastated.

"It was soul crushing," Ashley said. "All I ever wanted to be was a mother. We immediately started looking for other options."

They turned to the obvious and most common choice, adoption but it quickly became clear that the odds of matching with a child wasn't in their favor.

"It was like hitting a brick wall; and it's so astronomically expensive!" Ashley said, but she wasn't ready to give up yet. "That's when we came across embryo adoption – and it was perfect."

Embryo adoption makes the dreams of having a baby possible. These embryos generally come from another family's in vitro fertilization (IVF) process, and allows parents to use donor embryos from another family to conceive a baby. Ashley and Ben were overjoyed at an opportunity that would allow Ashley to carry a child.

They couldn't have been happier with their experience. Recovery was smooth, and they felt like they were waited on hand and foot.

"All of the nurses were amazing. We would get a plan at the beginning of each night that would allow us to get the most sleep possible," Ashley said.

Everything was taken care of from pain management, to breastfeeding with the Lactation Consultant, Ruthie, to even the visits from maintenance and housekeeping to make sure everything was going smoothly.

"I love Wanda!" Ben said about the food and nutritional team. "She brought us food as we came in between lunch and dinner and she got us a snack pack and fruit. The team always checked in to make sure 'dad' was okay – and it made me feel included."

Both Ashley and Ben enjoyed their recovery at WMMC and loved that the entire team was kind, patient, knowledgeable

and helpful with this amazing experience.

Beginning the Miracle Journey

After a lot of research, testing, preparation, and several appointments at Western Missouri Women's Health Center with Ashley's doctor, Dr. Deborah Gregory, OB/GYN, the couple boarded a plane and headed to Spain to complete the IVF process. They explained that the cost for embryo adoption in Spain and two weeks of vacation was the same cost as IVF in the United States, and the vacation allowed Ashley to relax while waiting for good news.

After returning from Spain, Ashley and Ben received the good news that they were pregnant!

"You don't take the pregnancy for granted, because you can't just try again," Ashley said. "We would have to start the process all over again, and the IVF process is several thousand dollars."

This was Ashley's first-ever pregnancy so she wanted the best care possible. Dr. Gregory was the one who had ordered all of her preliminary testing for the infertility process, so it only seemed right that Ashley came back to her to finish this miracle journey she was on.

With guidance from Dr. Gregory and the midwives, and a lot of antacid for Ashley's heartburn, the Torkelsons walked into Western Missouri Medical Center's Labor and Delivery Unit and welcomed their baby into this world on June 21st, 2019.

The Unexpected Turn

After checking into the Labor & Delivery Unit, Ashley began to talk to the medical team about her plans, especially Tracey Arwood, Certified Nurse Midwife, who worked her through for most of her labor and delivery.

"I wanted a very natural birth without being induced or having an epidural," Ashley said, adamant about avoiding interventions at all costs.

Tracey respected Ashley's plan and they began to work through delivery together. However, it became very clear to Tracey, Ashley and Ben that a natural birth was not going to happen. Ashley ended up having the necessary interventions to insure the safety of the baby. When Ashley wasn't progressing through labor, Dr. Gregory decided a C-Section was necessary.

"But Tracey made me feel so in control of every decision," Ashley said. "She helped me go as long as I could with one intervention before moving on to the next one. She was very respectful of my process, and was amazing. I never felt pushed to do something I wasn't ready for."

A C-Section was the absolute last thing that Ashley wanted, but it wasn't an emergency situation so Dr. Gregory was able to take the time to explain to the Torkelsons what was happening in detail. She explained that she had a slow amniotic leak, which meant Ashley's body was inducing her before the baby was ready.

"She was so good about sitting Ashley down and saying a C-Section is happening, but still addressing her fears and



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concerns,” Ben said. “Sometimes when you go to the doctor, your doctor tells you what they are doing and they don’t explain why. Dr. Gregory wasn’t like that. She addressed every single concern we had before going into surgery.” So with that, the Torkelsons headed into surgery, ready to meet their baby boy.

Worth the Wait

At 6:51 pm on June 21st Ashley and Ben met their son, Corban Levi.

They couldn’t have been happier with their experience. Recovery was smooth, and they felt like they were waited on hand and foot.

“All of the nurses were amazing. We would get a plan at the beginning of each night that would allow us to get the most sleep possible,” Ashley said.

Everything was taken care of from pain management, to breastfeeding with the Lactation Consultant, Ruthie, to even the visits from maintenance and housekeeping to make sure everything was going smoothly.

“I love Wanda!” Ben said about the food and nutritional team. “She brought us food as we came in between lunch and dinner and she got us a snack pack and fruit. The team always checked in to make sure ‘dad’ was okay – and it made me feel included.”

Ashley and Ben’s Message to Pregnant Couples: Take the Childbirth Classes

Ashley and Ben quickly explained the two major benefits to taking Childbirth Classes: *learning the delivery process and terminology, and creating long-lasting relationships with the entire medical team.*

WMMC’s Childbirth Classes include:

- Tour of WMMC’s Labor and Delivery Unit
- What to expect during your stay
- Terminology and medical equipment that is used
- How to stay active in the decision making process
- Pain control options
- Routine security and safety
- Q&A with an Obstetrics Nurse on Delivery
- Meet the medical team that will help deliver your baby.
- Newborn procedures and feeding options
- And so much more!

The Torkelsons choose Western Missouri Medical Center as their partner for Labor and Delivery, and encourage parents to take the classes. To sign up for a Childbirth Class, fill out the form below.

Photo credits for the Fresh 48 Session to **Elizabeth Laughlin Photography.**



Athletic Professionals Attend Second Annual Sports Medicine Seminar Hosted by WMMC and UCM



WMMC’s Sports Medicine Seminar Physician Presenters (from left to right) David Glover, MD; Dana Brewington, MD; Drew Glover, MD; and Aaron Rupp, DO

WARRENSBURG, MO (July 22, 2019) – Western Missouri Medical Center (WMMC) and University of Central Missouri (UCM) Nutrition and Kinesiology partnered up for the 2nd Annual Sports Medicine Seminar. This year’s seminar focused on pediatrics and educating athletic professionals on some of the most pressing health concerns facing young athletes and how to address them.

David Glover, MD and UCM Team Physician, kicked the seminar off speaking about Apophyseal Injuries – or bony growths that are common in the pediatric population from overuse. Drew Glover, MD and UCM Team Physician, discussed the risks of Sport Specialization and how to avoid burnout. Other presentations included Dana Brewington, MD and UCM Team Physician, shared on concussions and when a child should return to play. Jessie Burgess, Dietician at WMMC spoke about pediatric nutrition and diet, as well as common eating disorders in younger athletes. Board Certified Orthopedic Surgeon Aaron Rupp, DO, spoke about shoulder dislocations, the most commonly dislocation injury in athletes. He discussed how they occur and how to treat them.

Following WMMC’s presentations, Coach Dave Slifer delivered the keynote speech on the UCM Jennies’ journey to winning the National Championship. Attendees also heard from Dr. Greg Williams, about Functional Movement Screenings and how to conduct basic screenings to determine an athlete’s potential for injury.

There was representation from over 15 organizations and school districts, including Boss Body Fitness Gym, Crest Ridge School District, Golden Valley Memorial Hospital, Knob Noster School District, Lee’s Summit Medical Center, Leeton School District, Platinum Martial Arts, Santa Fe School District, Sedalia School District, Select PT, Show-Me Christian School, Stonehill College, Twister Sports, University of Central Missouri, Warrensburg School District, Western Missouri Medical Center, Southside Swarm, and XCA.

To learn more about Sports Medicine at WMMC, visit WMMC.com/SportsMedicine.

Dean's Story: Why WMMC's CFO Wears Pink



"This Is Why I Wear Pink." – Dean Omhart, WMMC CFO

Dean didn't know that walking into a post office in October of 2008 would result in him wearing pink every day in October for the rest of his life, but that's exactly what happened. He saw a woman dressed up in pink on October 1st for breast cancer awareness and he asked if she wore pink just on October 1st. "I wear pink all month," she said firmly. "And you could too." Dean went home and thought about that for a while. Working in healthcare, he saw the value and although he only had two pink shirts, and thought he'd give a shot. A few laundry loads later he made it through his first week of pink.

October went by and he collected a couple more pink shirts, and happy that he helped raise awareness for breast cancer he put his pink shirts away and moved on with his life. A few months down the road, he met his girlfriend Susan and wore pink to one of their dates. He explained to her why he had a pink shirt, and his story of wearing pink through October. October 1st, 2009 came around and he rolled out of bed, tired eyed and unsure what the day would hold for him. To his surprise, he opened his closet to see a gift from his girlfriend, Susan - a row of brand new pink shirts. Accepting this new trend in his life, Dean has worn pink every day in October since, and thanks to Susan, he does much less laundry.

Wearing Pink for Leslie

In December 2009, however Dean's hobby for raising breast cancer awareness became much more serious. Leslie – his "girlfriend" from 3rd grade, and more so, his life-long friend – called him up to give him a chat. Before hanging up the phone, she said "By the way, I have been diagnosed with breast cancer."

Dean was in shock, but after talking to her and understanding she'd done everything for early detection, she was going through treatments and was as fine as a woman can possibly be after being diagnosed with breast cancer.

Through treatment, chemotherapy, and prayers, Leslie made it through breast cancer and Dean became an even bigger advocate for breast cancer awareness, preventative screenings, and mammograms.

Wearing Pink for Karen

Dean continued to raise breast cancer awareness, but nothing would prepare him for August 2014, when he would get a call that Karen, his ex-wife, had been diagnosed with breast cancer and wanted to speak to him immediately. She had been hospitalized and Dean quickly dropped everything he was doing for the four-hour drive to Salina, KS to see her at her bedside.

Listening to Karen's story, it wasn't looking good. She admitted that at some point she was aware of the breast cancer, but she never had a preventative screening or a mammogram, and now it was progressing to the point of no return. She was struggling to keep awareness of the conversation, and Dean struggled to keep coherent communication with her going.

A few trips happened back and forth of Dean visiting her on his weekends off, and Karen received some chemotherapy, but the cancer was clearly taking over her body and her condition was quickly worsening.

A few weeks after being diagnosed, Dean got the call that he needed to get to her – and fast. Dean drove the four hours to her, unsure if he would make it or not. He dashed out of the car and into the hospital, running to her bedside. Bursting into the hospital room, he found her gasping, with Karen's family sitting at her feet. Understanding what was happening, he hurried to her bedside, and was able to whisper his dying message to her. Moments later, she passed, and Dean was left with her grieving family.

Early Detection is Why I Wear Pink

"This is why I wear pink," Dean says. "I have had two people very dear to me get diagnosed with breast cancer, and this is the two paths that breast cancer can take. I always encourage people to get their preventative screenings."

Leslie and Karen aren't the only two people that Dean has known to have breast cancer. Two years ago his little sister had breast cancer, and due to a preventative screening was able to catch it in time and is doing great.

Dean's collection of pink has grown from a hand full of shirts to a full wardrobe, suit and tie, and even a pink mustang convertible. All in the name of raising breast cancer awareness and getting people to get their preventative screenings.

Early Detection is Best Protection

One in every 8 people will get breast cancer. If you know eight people, chances are you're at risk – but the story doesn't have to end there. Reduce your risk today and get a mammogram. To schedule a mammogram, call (660) 262-7370.



Marketing, Communications Leader from Texas Brings Experience to New Role as UCM VP

WARRENSBURG, MO (July 22, 2019) – Following an extensive search, the University of Central Missouri announces that Susan Nelson Smedley, Baytown, Texas, is joining UCM as Vice President for Integrated Marketing and Communications. Smedley, whose professional career includes nearly 20 years of higher education

communications experience as well as executive-level experience in private industry, begins her new role Aug. 16.

Smedley currently serves as Director of Marketing and Public Affairs at Lee College in Baytown. As UCM's vice president, she will be part of the president's council and oversee both the Office of Integrated Marketing and Communications and KMOS-TV, the university's public television station. She will work with teams of creative and analytical professionals to deliver high-quality services and materials that will help advance the institution and support its mission.

UCM President Roger Best today announced Smedley's appointment noting, "Susan brings with her extensive private sector and higher education experiences which make her uniquely qualified for this position. These experiences have provided her with tremendous insight into the challenges facing UCM and higher education in general, and will greatly inform our marketing and branding efforts. Susan's strong spirit of collaboration and focus on student success align perfectly with the culture of UCM, and I look forward to her joining our team."

Smedley joined Lee College in October 2015. Among her many accomplishments at the college, she led the first phase of the system-wide effort to develop and implement a fully integrated enrollment management plan that will evolve institutional culture with a goal to better serve students. Additionally, she provided leadership in the development of an integrated marketing communications plan that promotes enrollment, and publicizes student and faculty successes, and developed a new program of web content liaisons designed to keep all content on the college website current, accurate and reviewed in weekly or bi-weekly cycles.

Other experiences in higher education include serving as Director of Communications and Marketing at Northeastern State University in Oklahoma; Director of Marketing and Public Relations, Executive Director of the Foundation, and Director of Institutional Advancement at Coastal Bend College in Texas; and Community and Industry Liaison, Director of Career and Industry Development at Platt College in Oklahoma, where she worked within Oklahoma City and statewide.



Smedley brings to UCM statewide perspectives in workforce development as it relates to education and training. This is supported by her experience as a member of the executive board for the Central Oklahoma Workforce Investment Board and service at the State of Oklahoma Department of Commerce.

Also benefiting from a professional career that includes work in real estate and serving as president and chief executive officer for a pre-engineered metal building company, Smedley said she looks forward to her new role at UCM.

"When assessing an environment, especially one that is new to me, what excites me most is opportunity and the identification of opportunity -- how can I work to assist the institution in identifying new opportunities within an expanded landscape with the talents and assets we already have in place? How can I bring my experience and perspective to bear in a way that benefits everyone, beginning with the student? To that end, I am so very honored and grateful for the opportunity to be a part of what is happening at the University of Central Missouri under the guidance of Dr. Roger Best."

She added, "I believe he is a strategic, pragmatic, compassionate and global thinker that has the conviction of vision to truly expand the future of UCM. That is the kind of leadership and strategic vision I want to be a part of. There's no doubt in my mind I've found it here at UCM. I'd like to thank everyone who participated in my selection for the opportunity. I'm eager to get to work."

Although Smedley spent most of her life in Texas, she welcomes the opportunity to move to the Midwest.

"It didn't take long to fall in love with the community of Warrensburg," she said. "Everyone I've encountered here has been so kind and hospitable. My son and I are looking forward to calling Warrensburg home."

Smedley graduated from The University of Texas at Austin in 1986 with a Bachelor of Science in Advertising in addition to the University of Texas' nationally top-ranked Advertising Creative Portfolio Sequence and with minors in history and English. Her post-undergraduate work includes American studies, focusing on American literature and history.

NEWS RELEASE

Contact: Jeff Imboden, B&I Specialist
Warrensburg Parks & Recreation (WPR)
445 E. Gay Street
(660) 747-7178



Dive-In Movie Night At Nassif Pool

WARRENSBURG, MO (July 23, 2019) – Warrensburg Parks & Rec presents their annual **Dive-In Movie Night at Nassif Pool** on **Friday, July 26 starting at 7:30pm!**

Bring your friends and family, grab a chair, kick back, relax and enjoy **The Little Mermaid** at Nassif! The fee is only \$5, Nassif Season Pass Holders get in FREE, starting with Open Swim at 7:30 followed by the movie at dark. Concession Stand will be open!

It's the popular **Dive-In Movie at Nassif Pool**, Friday, July 26 starting at 7:30pm!

For more information about this and all the other great Parks & Rec summer pool events go to Warrensburg-mo.com.

Johnson County Citizens for Environmental Action (CEA)

Release date: July 21st, 2019

Event date: August 6th, 2019, 5:30 pm

Event: Johnson County Citizens for Environmental Action (CEA) monthly meeting

Location: Warrensburg Community Center, 445 East Gay Street, Warrensburg

Contact: Mark Pearce (660) 747-2684

The regular monthly meeting of Johnson County Citizens for Environmental Action (CEA) will be held Tuesday, August 6th, 5:30 pm in the David Curtis Room at Warrensburg Community Center, 445 East Gay Street in Warrensburg. Members will discuss the recent rise in bee colony collapses in managed hives throughout the country, the maintenance and development projects at Warrensburg's Turkeyfoot Prairie, and fall activities to be conducted by members of CEA.

The informative program after CEA's business meeting will be representatives from Johnson County's RISE organization and Johnson County Board of Services, who will talk about the recycling services that RISE provides in Johnson County, and the opportunities and challenges of maintaining the recycling business – both locally and globally.

The Johnson County Sheltered Workshop (RISE) offers a full service recycling center 24 hours a day 7 days a week, accepting such items as paper, tin, cardboard, aluminum and glass.

Representing RISE at the program will be Executive Director Misty Miller and Environmental Services Director Jason Duffey. Johnson County Board of Services Director Melissa Frey will represent that partnering organization. Their program should begin around 6:30 pm, and the public is welcomed to attend.



Executive Director of Johnson County's RISE organization, Misty Miller, and Environmental Services Director Jason Duffey will accompany Johnson County Board of Services Director Melissa Frey at Johnson County Citizens for Environmental Action (CEA) meeting on Tuesday evening, August 6th. The three will discuss the recycling services available to area residents through the RISE program, and the shifting challenges of operating a business within recycling industry.



CITY OF WARRENSBURG PRESS RELEASE

2019 Street Maintenance Overlay Project

The Warrensburg Street Department would like to advise residents and visitors of the community that the 2019 Street Maintenance Resurfacing Program will begin Wednesday morning July 24, 2019, weather permitting. Roto-milling (removing old surface) of affected city streets is to begin first, Wednesday morning July 24, 2019, weather permitting. Hot Mix Overlay (installing new surface) of affected city streets is to begin Thursday morning July 25, 2019. The entire Resurfacing Program should be completed by the end of the day Wednesday, July 31, 2019, weather permitting.

Residents and businesses are being asked not to park vehicles on the affected streets Tuesday through Thursday, July 23rd through August 1st, 2019 or until after the resurfacing process is completed. No Parking signs will be posted by the Street Department, and vehicles may be towed at the owner's expense. No Parking signs will be removed as soon as streets are complete and ready to be opened to traffic. The streets scheduled for resurfacing will begin with East Clark Street & South Holden Street, and continue in no particular order as follows: East Clark St: South Holden Street east to South Maguire Street/ Business 13.

South Holden Street: South Street south to Hale Lake Road. Ridge Drive: Broad Street/Montserrat Park Road to North End. The East Side of loop only.

West Market Street: North Main Street east to North Warren Street. South Country View Lane: DD Highway south to Cul-de-sac. North Holden Street: Young Street/ Business 50 north to 50 Highway Bridge. East Russell Avenue: PCA Road west to Burkarth Road. Polk Street: North Holden Street west to North Washington Street.

PLEASE DO NOT WATER YOUR LAWN UNTIL THE RESURFACING WORK IS COMPLETED.

The success and quality of the program depends on the support and cooperation of the public. Should area residents have questions concerning the program, please contact the Public Works Department at 660-747-9135 or email: jason.mccarty@warrensburg-mo.com



Daily Star-Journal

Business Articles



Tip: Are you and your team building strategic networks?

Here's why you need to do it.

Last week's tip was based on William Byham's article ("[Start networking even if you hate it](#)") and since we had Byham-on-the-brain we wanted to share his excellent white paper on how and why to build a strategic network (your "business network").

Byham states that "as organizations get larger, adopt complicated structures, become increasingly international" the knowledge needed to do the job, versus personal knowledge, becomes more pronounced. Managers "need to know more than ever about what's going on both internally and within those outside entities (government, competitors, vendors, pressure groups) that can affect their organization."

To bridge this knowledge gap, "individuals have to take an active role in setting up their own communication channels so they can anticipate emerging issues, (and) get ahead of breaking information."

To whet your appetite to learn more, here are Byham's four steps.

1. Figure out who should be in your network
2. Dare to introduce yourself
3. Ask for help
4. Networking must be reciprocal

Read more in this brief article, "[Business Networking: a Necessary Third Millennium Skill](#)". Share with your team and then discuss who should be in each person's strategic or business network.



Tip: Is this your summer of extra effort?

Why it's important to get networked with work mates quickly.

William Byham, author and industrial/organizational psychologist, in an classic *Harvard Business Review* article entitled "[Start Networking Right Away \(Even If you hate it\)](#)" explains why, when starting a new job or role, you've got to start networking internally.

He says, "even if you have an aversion to networking—as many people do—it's imperative to start forging deliberate connections within the first 30 to 60 days after a promotion, the period when people in a new division or company are making up their minds about whether you're dependable—or a loser who should never have been hired" (or given this new role).

This is very useful advice for everyone. Make it a priority to develop meaningful connections with workmates beyond the cubicles or work stations nearest you. Summer is an easy time to do it. The benefits include access to resources and information, new friends (and champions) and help solving problems.

Read our blog: [7 Ways To Network In The Summertime.](#)

Scrap your to-do list and start over

We're all (well, most of us are) drowning in unanswered emails, unfinished projects, and uncompleted tasks. But what if you just say no—as in delete all your tasks. Without having done them. Here's how to enjoy a clean slate—and keep your job, too.

How to combat the afternoon slump

We've all been there. An hour or two after lunch, you're sitting at your desk and your eyes start to get sleepy, you lose your concentration, and you wonder if anyone will notice if you crawl under your desk Costanza-style and take a nap. Recently our Anisa Purbasari Horton decided it was time to make a change, so she tried a lunchtime workout to see if it could help her get that precious afternoon productivity back.

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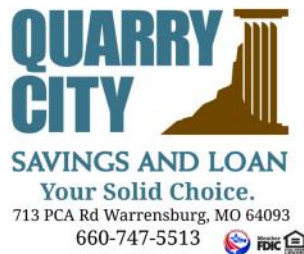


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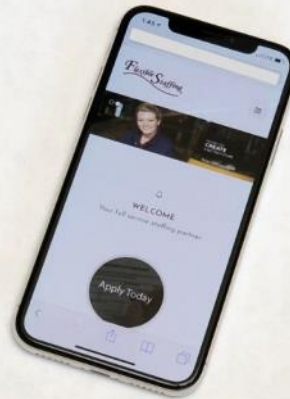


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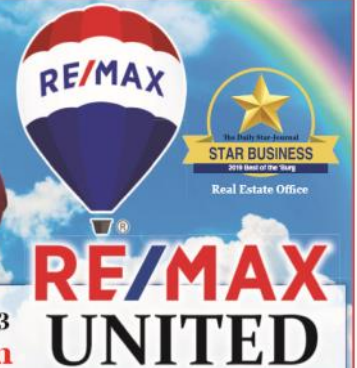


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2019 Race Dates and Event Details

Pit Gates Open at 4:30, Grandstands at 5, Pill Draw Closes at 6:15,
Pit Meeting at 6:30, Hot Laps at 7, and Racing at 7:30.

A-Mods (AM), Street Stocks (SS), B-Mods (BM), Mod-Lites (ML), Pure Stocks (PS), E-Mods (EM), ULMA Late Models (ULMA)

Sat, Aug 3 - KFKF 94.1/Kid's Night Weekly Racing #13 - A-Mods, St Stks, B-Mods, Mod-Lites, & Pr Stks. Top Gun Series Begins!
Adults \$12, Active Duty Mil w/I.D. \$10, Seniors 65 to 74 \$10, Kids 6 to 12 \$6, 5 Years and Under and 75 Years and Older Free. Pit Passes \$35.



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Restaurant Guide



Warrensburg
MISSOURI
Chamber of Commerce

The Warrensburg Chamber of Commerce's mission is to create opportunities that drive commerce and promote business. One way we help do that is to direct newcomers or visitors to Warrensburg to our local businesses! These publications are handed out at community events, given away in our Welcome Bags that go out to Whiteman Air Force Base and various other locations, housed in our office and posted on our website.

The **Restaurant Guide** contains a list of restaurants, coffee shops, wineries, etc. in Warrensburg, as well as our Chamber members in Knob Noster. Our Chamber members are listed in bold in this publication.

Our **Relocation Information** brochure lists essential businesses and organizations to contact upon arrival to Warrensburg. This brochure only contains our Chamber members' information.

If you know someone who has recently moved to the area, or if you know someone interested in moving to Warrensburg, please refer them to our website at www.warrensburg.org to find these resources!

RELOCATION INFORMATION

Welcome to Warrensburg!



Use this handy guide for information about our Chamber member businesses & community. For more information, read our newsletter, see who offers Military and Senior Discounts or look for employment opportunities visit our website at

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100 S. Holden Street

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A new approach to medical plans for small employers

The Missouri Chamber of Commerce and Industry (MCCI) and the Missouri Chamber Federation (MCF) have teamed up with The Health Plan (THP) in Missouri to create a health program that can lead to more rate stability and is a smart solution that offers potential savings for groups with 50 or fewer eligible employees.

This self-funded medical offering called the MCF Benefit Plan is a multiple employer welfare arrangement (MEWA). MEWAs enable smaller employers to join together to share in the overall claims risk. By being part of a larger, self-funded pool, employers have financial protection backed by The Health Plan.

In addition to financial protection, this innovative alternative offers:

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With Missouri Intern Connect, organizations can also easily take an active role in recruiting interns. When you register for the site, you gain the ability to search intern profiles to find candidates in your region who have the right skills for your job and invite them to apply.

The site is completely free to use, brought to you by the Missouri Chamber and [our partners](#) to help prepare our state's workforce as part of the Missouri 2030 strategic initiative.

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FOCUS

A guide to the Greater Warrensburg Area and Johnson County, Missouri, for the first-time visitor to the life-long resident.

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Chamber Benefits/Services



Small Business & Technology Development Centers

The Small Business Administration, the SBTDCs around the country to provide free and low-cost assistance to small businesses. They assist businesses with marketing, strategic planning, one-on-one business consultation, financial analysis planning, and a series of hands on development programs for entrepreneurs. The Chamber works to bring these services to your attention. For assistance with finances contact Kelly Asbury with The Learning Force at 660-596-7350 or kasbury1@sfcmmo.edu for assistance with starting a new business.

JOB LISTINGS

The Chamber is excited to announce a new benefit: a platform to list your job openings. If you would like to post current job openings, simply email the following information either in a word document or in the body of an email to staylor@warresnburg.org: Description of duties, open date, category i.e. clerical, banking, insurance etc., full or part time, title, salary range, education, how to apply and contact information. We can also share your job openings to our Facebook page—just note it on the email with the job opening information.



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We are so excited to announce that the Warrensburg Chamber of Commerce now offers text reminders.

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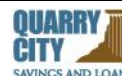
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(660) 747-9530 Fax: (660) 747-9750
ghall@equitybank.com
Term Exp: June 2021

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Fire Prevention Officer
Warrensburg Fire Department
102 S. Holden St., Warrensburg, MO 64093
(660) 262-4654
jeremy.vanwey@warrensburg-mo.com
Term Exp: June 2020

Andy Kohl, Treasurer (2018-2021)

Assistant Superintendent, Warrensburg R-VI School District
201 S. Holden Street, Warrensburg, MO 64093
(660) 747-7823
akohl@warrensburg6.org
Term Exp: June 2021

Jamie Brisbin (2019-2022)

Manager, World Finance
120 E. Cooper Ave., Unit I, Warrensburg, MO 64093
jbrisbin1205@gmail.com
Term Exp: June 2022

Donna Czerniak (2017-2020)

Homes For Heroes
223 E. Market Street, Warrensburg, MO 64093
(660) 362-0288
Donna@SoldbyDonna.com
Term Exp: June 2020

Melissa Frey, Secretary (2019 -2022)

Executive Director, Johnson County Board of Services
200 N. Devasher Rd, Warrensburg, MO 64093
(660) 747-2619
mfrey@jcmb.com
Term Exp: June 2022

Dustin Fritsch (2018-2021)

Co-owner, Pita Pit
303 E. Cooper Boulevard.
Suite I, Warrensburg, MO 64093
(660) 362-1444
djf98120@gmail.com
Term Exp: June 2021

Toni Houx (2018-2021)

Customer Service Manager Flexible Staffing
520 Burkard Road, Suite A, Warrensburg, MO 64093
(660) 422-840
thoux@flexible-staffing.com
Term Exp: June 2021

Suzu Latore (2019-2022)

Manager of Outreach, Access, & Community Health,
University of Central Missouri,
UHC 220, Warrensburg, MO 64093
(660) 543-8947
latore@ucmo.edu
Term Exp: June 2022

Greg McCullough (2019-2022)

Director of Human Resources, City of Warrensburg
102 S. Holden Street, Warrensburg, MO 64093
(660) 262-4607
greg.mccullough@warrensburg-mo.com
Term Exp: June 2022

Jay Meldrem (2019-2022)

Owner, Heroes Restaurant & Pub
107 W. Pine St., Warrensburg, MO 64093
(660) 747-3162
heroeswarrensburg@gmail.com
Term Exp: June 2022

Darinda Reberry (2018-2021)

President/CEO, Western Missouri Medical Center
403 Burkard Rd, Warrensburg, MO 64093
(660) 262-7493
dreberry@wmmc.com
Term Exp: June 2021

Suzanne Taylor, Executive Director

Warrensburg Chamber of Commerce
100 S. Holden Street, Warrensburg, MO 64093
(660) 747-3168 Ext 224
staylor@warrensburg.org

Mission

The Greater Warrensburg Area Chamber of Commerce create opportunities that drive commerce and promote business.

Purpose

The Greater Warrensburg Area Chamber of Commerce is a community that supports business, values education and empowers leaders.

The Chamber Flash

is a twice-monthly email publication, out on the FIRST and THIRD Fridays of each month. It's a great way for Chamber members to share information about their businesses! It also keeps members up to date with member benefits, networking events and other activities.

Space in the *Chamber Flash* is an included member benefit for Chamber members only. E-mail your print ready ad in JPG format to chamber@warrensburg.org by noon Wednesday for Friday publication.

You must resubmit your flyer each week you would like it published.

The *Chamber Flash* is compiled and written by Communications Coordinator Amanda Flues.

Interested in membership or sponsorship?

Contact Amanda Flues at aflues@warrensburg.org or at the Chamber Office, 660-747-3168 or email chamber@warrensburg.org.

Please share the *Chamber Flash* with your staff, colleagues, friends and family!

Chamber Staff

Suzanne Taylor,
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